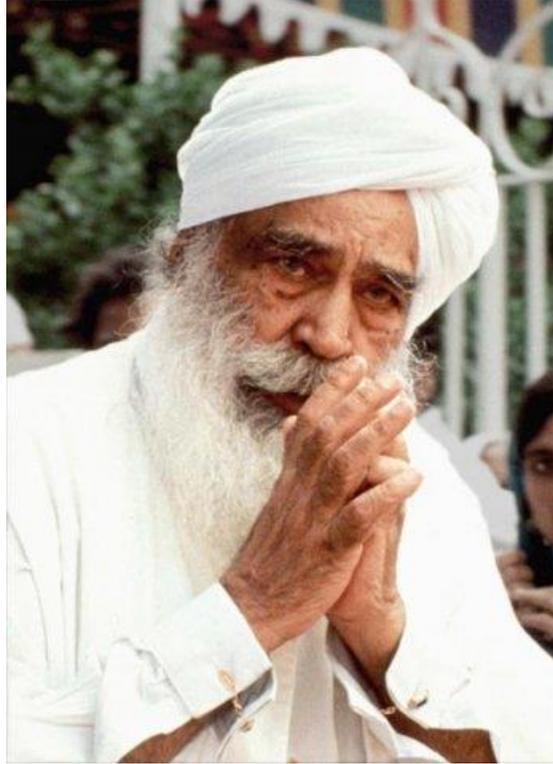
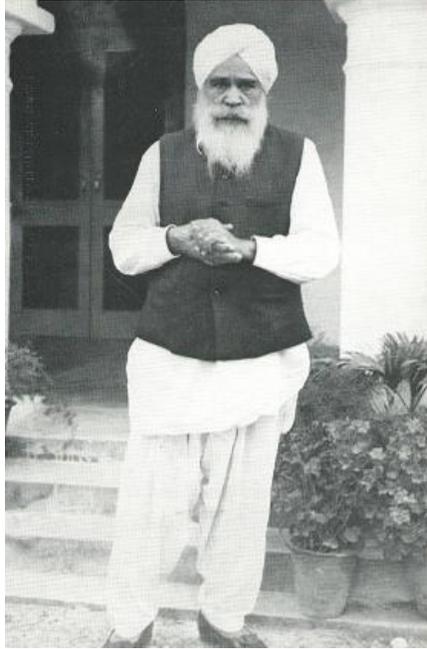


Practicing the Presence of the Master



God's absence is an illusion.
(Abraham Joshua Heschel)



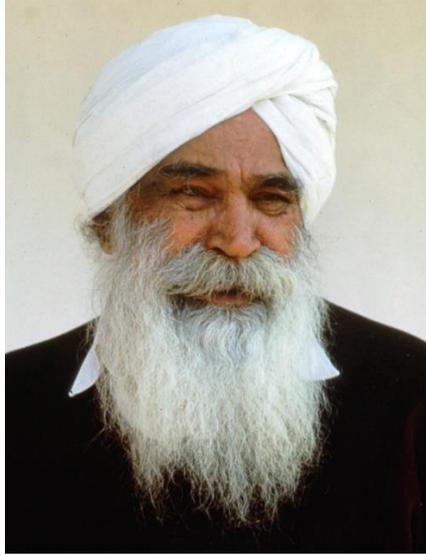


So the first principle of devotion or bhakti
is to know that God is everywhere.
We are living in Him and He is in us.

(Sant Kirpal Singh)

ruhanisatsangusa.org/mt/bhakti-devotion.htm

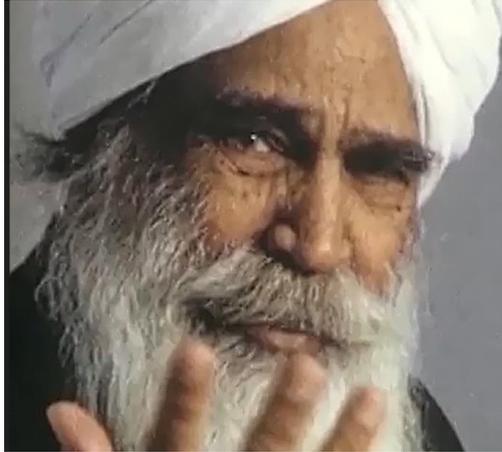




The acceptance of the omnipresence of God
leads to a very profound conclusion.
You cannot be apart from God under any circumstances,
for otherwise it would mean there are some places
where God is not present, which naturally,
is absurd.
(Mouni Sadhu)



God is always here and now;
God does not know distance.
And if we fail to make contact with God,
it is we who have distanced ourselves from God.
(Shantidasa)

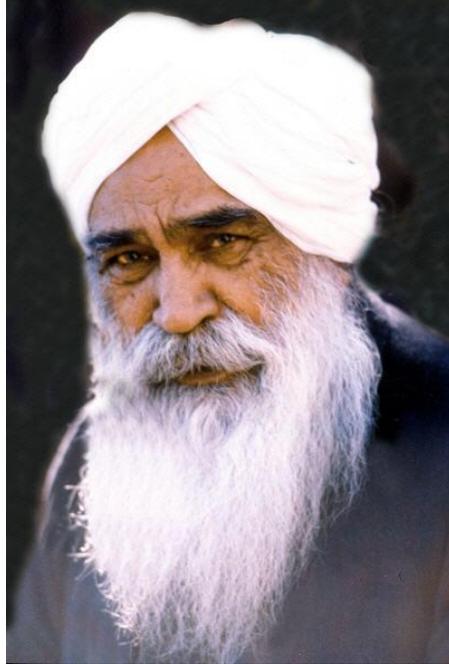


Nothing is void of God;
He Himself fills His work.
(Seneca)



When my servants ask you about my whereabouts,
tell them I am nearer to them than their jugular vein.

(Quran 2:186)



I am nearer to you than yourself to yourself.

(Rumi)



In the beginning it is just like somebody is with you,
hovering around you.

You'll feel His presence like that.

(Sant Kirpal Singh)

ruhanisatsangusa.org/lok/prayer.htm

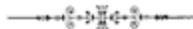


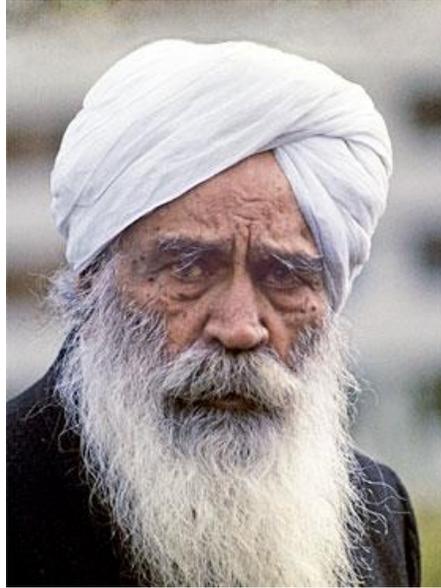
When the Master initiates someone, He resides with him;

He watches all of his actions,
guiding him further where it is needed;
especially those who turn their faces to Him.

(Sant Kirpal Singh)

ruhanisatsangusa.org/fruit2.htm



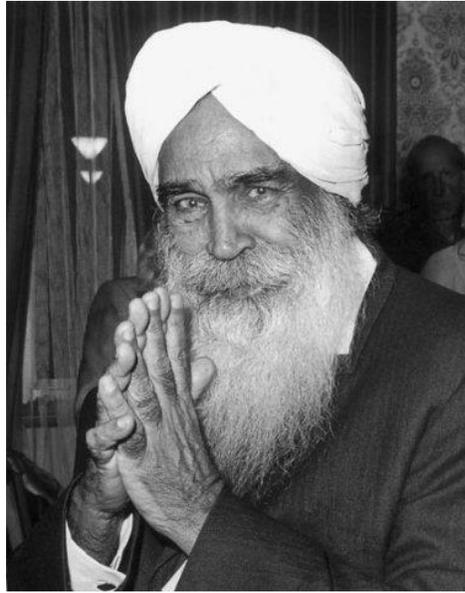


The Master's love cannot be more or less.
For Him the very beginning and the end are the same;
it is a closed circle.

His love for the disciple does not go on increasing;
for the disciple, of course, it is very different;
he has to complete the whole circle.

As the disciple progresses he feels the Master nearer and nearer,
as the time goes on. But the Master is not nearer;
He was always near, only the disciple did not know it.
(Bhai Sahib)





Master is ever with you.
He is not the body; He has a body.
Body is the pole at which He works
to guide those stuck fast in a physical body,
and to help them transcend the body.
Master is always helping the seekers far and wide
and remains with them wherever they may be.

You are always with me.
Distance makes no difference,
my love flows to you incessantly.

(Sant Kirpal Singh)

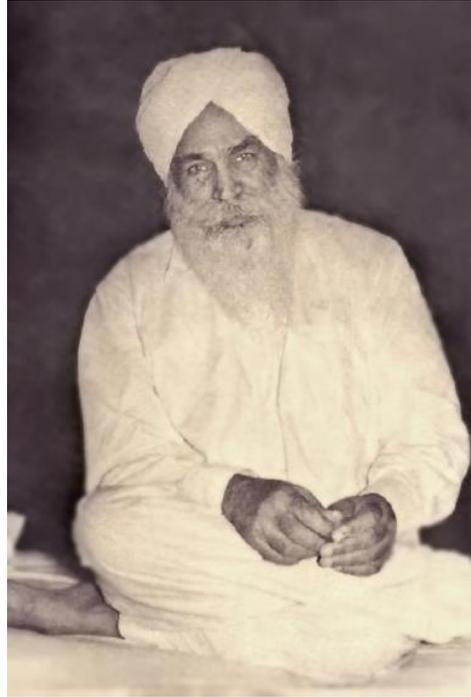
Spiritual Elixir 208)



When you become receptive
you feel His presence all the time.

(Sant Kirpal Singh)

Sat Sandesh, June 72



The true form of a Guru is Holy Sound
and in that form the Guru permeates every hair on your body
and is seated within you.

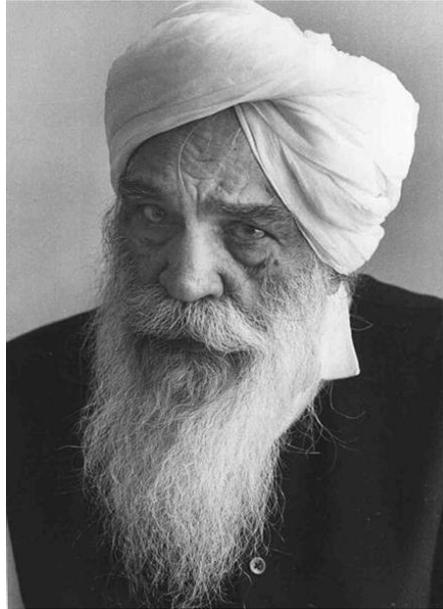
(Baba Sawan Singh)

Sant Bani Magazine, 4/85, 11)



Ever since the child disciple
is initiated into the Mysteries of the Beyond by the Master,
the gracious Master-Power resides with him or her at the Tisra Til
and watches everything for the spiritual betterment of him or her...

(Sant Kirpal Singh)
Spiritual Elixir, 226



Every time He gives initiation to anyone,
He creates an astral image of himself in the disciple.
And from then on, the Master never leaves the disciple.

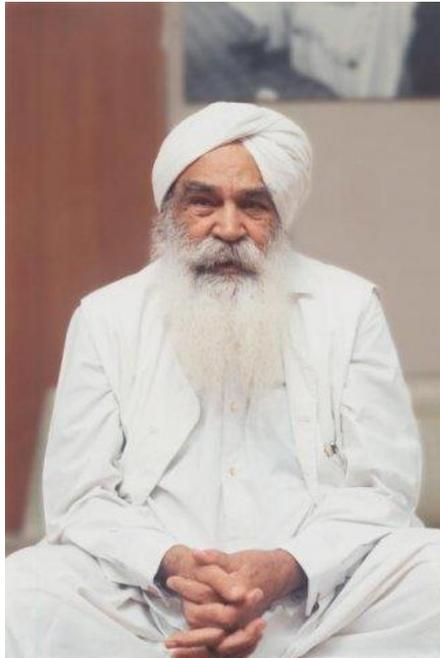
(Baba Sawan Singh)
from a letter to a disciple)



You need not entertain the idea that Master is far away.
He is always with you each fraction of a second...

(Sant Kirpal Singh)

ruhanisatsangusa.org/drops.htm



Your Friend or Master is within you,
nearer than anything else, and watches you.

Whenever your attention is directed towards the eye center,
He hears you and responds, but His response is missed by you
because your attention wavers and runs outwards.

If you could hear inside, you would be in tune.
I wish you may come up to Him and see Him inside, face to face,
instead of merely sensing His presence.

(Baba Sawan Singh)

Spiritual Gems, letter 105)



The Master is always with the initiates.
He resides in each one of them.
He is always helping them to come within
and meet Him face to face.

(Sant Kirpal Singh)
Spiritual Elixir 214)



The true Guru is one who is always with you
and is your protecting angel.

(Baba Sawan Singh)
Discourses on Sant Mat, 128)



Those who love God love the Master,
the God in Him of course.
It is no matter of show.
That very Power is within you and knows every act of yours,
what you are doing and why.
He knows the very trend of your thoughts.
(Sant Kirpal Singh),
Morning Talks, ch. 38)



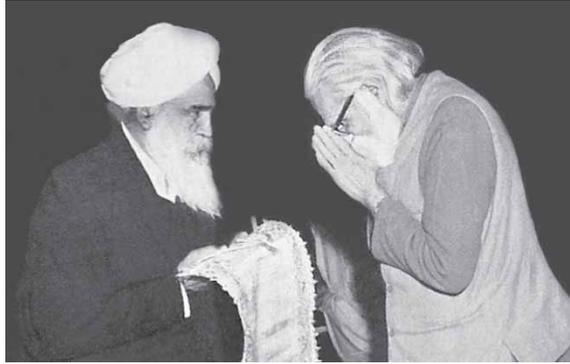
The more you direct your attention
and absorb yourself in the sweet remembrance of the Master,
you will develop receptivity
and feel that Master is within you and you are in the Master.
(*The Teachings of Kirpal Singh*, v. 3, 113)



We should establish ourselves in a sense of God's presence,
by continually conversing with Him.

It is a shameful thing to quit His conversation,
to think of trifles and fooleries.

(Brother Lawrence)



Please learn to be receptive to His grace
and feel His kindly presence riding with you on the buses,
chatting with you in the street, sitting with you in the park,
by your office desk, accompanying you every morning to the office,
slowing down by the lily pond to check the new flowers
and walking with you in the evening all the way back by the new moon.

(Sant Kirpal Singh)

Spiritual Elixir, 309





All the ills of the world originate with the mental activity.
We are stuck fast in the heart-focus from where the rays of the mind start,
and passing from the sense organs, envelop the sense objects,
and we get attached to the world around us.

How little do we realize the great motor power of the soul behind,
enlivening the mind and the intellect. If we could divest ourselves
of these adjuncts and dedicate our very life to the service of a Godman,
we would at once become a freed soul ready to go Godward.
Can there be any greater gain than to escape from all the trials and turmoil
of the earthly life? This is what we gain by Practicing the Presence
of the Personified God in our midst. He is a living embodiment
of the God-into-expression Power and helps us to reveal and develop
the same as He has done.

(Sant Kirpal Singh)

ruhanisatsangusa.org/gurbhakti.htm





Let us try an experiment:

Go through a day and see how many times we can remember God. Is it once or twice? Then do we forget God and go back to thinking we are the doers, causing everything to happen?

Try to increase the amount of time we live in God.

Can we take God with us to work, to our families, to our friends, and to our activities? Can we keep God walking with us at every moment? We may call on God when our life is threatened, but can we call on God while eating, dressing, walking, talking, working, playing, or sleeping? Such a one who can do this will find ecstasy and inebriation at all times.

He or she will rise above problems and not be affected by the ups and downs of life.

(Sant Rajinder Singh)



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