

Philosophy of the Masters

(Gurmat Sidhant)

by

Sant Kirpal Singh Ji Maharaj



Index of Books, Chapters and Sub-Topics



Introduction

In 1939 Sant Kirpal Singh began writing *Gurmat Sidhant - Philosophy of the Masters*, a comprehensive treatise on the science of spirituality, which on the request of Master Kirpal Singh was published under the name of His Master Hazur Maharaj Sawan Singh. The books comprise a complete encyclopedia of basic information on Sant Mat, the Teachings of the Saints.

“*Gurmat Sidhant* is a book written by me--through my hands I would say, not by me, but by the God-Master within me. I used to write it down and take it to Master to read it to Him so that He may give the final yes.”

“When I was writing that book *Gurumat Sidhant*, one writer came to visit and was sitting by me at night. I started at nine o'clock, went on writing, writing as fast as possible. He was sitting watching me. It was ten, it was eleven o'clock, it was twelve midnight, one o'clock. 'From where are you writing?' he said. 'There's nothing before you to copy.' I told him, 'My Master dictates to me. I'm writing so fast because I cannot keep up to Him.' (chuckles) Whatever thoughts come up without thinking are always perfect.”



Sant Kirpal Singh – 1930's

Book 1: http://kirpalsingh.org/Booklets/Philosophy_of_the_Masters_1.pdf

Book 2: http://kirpalsingh.org/Booklets/Philosophy_of_the_Masters_2.pdf

Book 3: http://kirpalsingh.org/Booklets/Philosophy_of_the_Masters_3.pdf

Book 4: http://kirpalsingh.org/Booklets/Philosophy_of_the_Masters_4.pdf

<http://kirpalsingh.org/Booklets.html>

Book 1

1. Introduction
2. Chapter 1. The Time of Elixir
6. Chapter 2. Remembrance or Repetition (Simran)
22. Chapter 3. Sound or Melody
26. Chapter 4. Dying While Living
33. Chapter 5. Devotion (Bhakti)
73. Chapter 6. Intense Longing
85. Chapter 7. Truth
94. Chapter 8. The Lord's Will
111. Chapter 9. The Sound Current
146. Chapter 10. Action Without Desire
151. Chapter 11. Previous Actions (Karmas)

Book 2

1. Introduction
2. Chapter 1. The Lord
29. Chapter 2. Contemplation
38. Chapter 3. Detachment
43. Chapter 4. Repetition of Names and Austerities
54. Chapter 5. The Master or Perfect Master
76. Chapter 6. Characteristics of a Master
96. Chapter 7. Oneness of Guru, Guru Dev, Satguru and Lord
118. Chapter 8. Worship
122. Chapter 9. Awe and Affection
136. Chapter 10. Divine Ambrosia
144. Chapter 11. Nectar (Amrit)
153. Chapter 12. Humility

Book 3

- Introduction
1. Chapter 1. Service
9. Chapter 2. Posture
12. Chapter 3. Satsang
23. Chapter 4. Cleanliness
28. Chapter 5. Dharma
68. Chapter 6. The Name of God
93. Chapter 7. Devotional Music
123. Chapter 8. Historical References
137. Chapter 9. Pseudo Masters or False and Imposter Masters

Book 4

- Introduction
1. Chapter 1. Love
79. Chapter 2. Prayer

Book 1

Page

1. Introduction

2. Chapter 1. The Time of Elixir

6. Chapter 2. Remembrance or Repetition (Simran)

6. What is Simran?

7. Method of Withdrawing Within Oneself

8. Method of Simran

11. Purpose of Repetition – Simran

11. Place of Simran

13. How Should One Do Simran?

15. Inner Ascent and Realization through Simran

17. Precepts of Simran

19. Simran is Possible Only with the Grace of the Lord and Through the Kindness of the Master

19. Time for Simran

19. The Practice of Repetition of Names is for Everybody

20. Fruits of Simran

22. Chapter 3. Sound or Melody (Dhun)

23. Dhun Comprises Knowledge, Contemplation and Meditation

23. Whence Do We Get the Dhun?

24. Who is Eligible for the Dhun?

24. Fruits of Dhun

26. Chapter 4. Dying While Living

27. What Happens at the Time of Death and After?

33. Chapter 5. Devotion (Bhakti)

33. What is Bhakti?

35. Difference Between Love and Devotion

37. Devotion Consists in One-Pointed Attention and Needs Only One Support

38. Devotion, Action, Knowledge and Discipline

38. Devotion is Natural

39. The Principles of Devotion

40. Prerequisites for Devotion

41. Why Should We Be Devoted?

41. To Whom Should We Be Devoted?

43. Devotion to the Master – Guru Bhakti

53. Guru Bhakti is Difficult

54. Devotion to the Master is the Path of Surrender of Self or Ego

55. What is the Object of Being Devoted to a Master?

56. What Type of Devotion Should Be Rendered?

61. What Are the Practices by Which We Can Be Successful in Devotion?

63. How can Devotion be achieved?

66. Who achieves Bhakti?

- 66. Bhakti is Not Idleness
- 66. The Signs of Bhakti
- 67. Devotion is Not a Physical Sentiment
- 68. Time for Devotional Practice
- 68. The Path of Devotion is Open to All
- 69. Devotion is Superior To and Easier than All Religious Ceremonies and Rituals
- 70. Obstacles in the Path of Devotion
- 71. Fruits of Devotion

- 73. Chapter 6. Intense Longing (Bireh)
- 85. Chapter 7. Truth
 - 87. The Lord of Death (Dharam Rai)
 - 89. The Characteristics and Functions of the Lord of Death
 - 89. The Negative Power (Kal)

- 94. Chapter 8. The Lord's Will (Bhana)
 - 99. Who Loves the Will of the Lord and Accepts It?
 - 100. He Who Accepts the Will of the Lord is a True Devotee
 - 100. What Are the Signs of Union with the Lord?
 - 100. The Will of the Master or Guru
 - 103. Who Submits to the Will of the Satguru?
 - 104. The Divine Law (Hukam)
 - 109. Who Can Understand that Law?

- 111. Chapter 9. The Sound Current (Shabd)
 - 111. The Shabd is the Supreme Being and Sustainer of All
 - 111. What is the Shabd?
 - 112. Shabd is the Creator
 - 113. The Shabd Cannot be Spoken or Written
 - 115. All Religions Teach the Practice of Shabd
 - 118. The Principle of the Divine Sound
 - 122. How Can We Hear this Sound?
 - 122. Which is the Place Where Shabd is Heard?
 - 123. The Sound is Independent of the Ten Vital Forces (Pranas)
 - 123. Sound and Light
 - 124. Light is Faster than Sound
 - 125. Shabd is the Truth
 - 125. Shabd is Nectar
 - 126. Shabd is the True Treasure
 - 126. Shabd is the Lord's Law and Name
 - 127. Shabd is the Highest Essence
 - 127. Shabd is Inexhaustible
 - 127. Shabd is All-Pervading
 - 127. Shabd is Found Within the Body
 - 128. How is Shabd Realized?
 - 129. What is Devotion to Shabd?
 - 129. Shabd is Realized by a Rare Devotee
 - 130. What Does Shabd Do Within?
 - 132. Time for Practice of Naam Through Shabd

- 133. Benefits of Practice of Shabd
 - 136. The Timeless (Anhad) Shabd
 - 138. The Five Sounds (Shabds)
 - 141. The Inner Music
 - 142. Outer Music and Dance
146. Chapter 10. Action Without Desire
- 146. What is Action (Karma)?
 - 149. Surrendering Everything to the Lord
151. Chapter 11. Previous Actions (Karmas)

Book 2

1. Introduction
2. Chapter 1. The Lord
- 4. Where is God?
 - 4. God is Beyond Mind and Intellect
 - 5. He is a Power and is All-Pervading
 - 5. This Power is Conscious and Not Inert
 - 7. What is God and What is Our Relationship with Him?
 - 8. God as Visualized by the Saints
 - 13. The Lord of Lords (Hari Rai)
 - 13. The Immaculate One (Adi Niranjana)
 - 15. Ekankar – The One
 - 16. The Lord God (Rai, Sat Purush)
 - 17. The Immaculate One (Niranjana)
 - 19. The Omnipresent
 - 26. The Carefree One
29. Chapter 2. Contemplation (Dhyan)
- 36. Contemplation and Religion
 - 37. Fruits of Contemplation
38. Chapter 3. Detachment
- 39. Detachment and Renunciation
 - 41. Who is a Detached Person?
43. Chapter 4. Repetition of Names and Austerities
- 44. Repetition of Names (Jap)
 - 46. Austerities (Tap)
 - 48. The Effects of the Iron Age (Kali Yuga)
 - 49. What are True Repetition, Austerities and Self-Control?
 - 51. How Real Repetition and Austerities are Practiced and Their Fruit
54. Chapter 5. The Master or Perfect Master (Guru or Satguru)
- 60. The Different Kinds of Master or Guru
 - 61. Is There One Guru or Are There Many?

- 62. The Master or Guru of the Time
- 64. The Necessity for the Living Master
- 65. Past Saints
- 74. There is Utter Darkness Without the Guru

- 76. Chapter 6. Characteristics of a Master
 - 80. How to Find a Master
 - 81. The Benefit of Having a Master
 - 81. Guru Dev – The Radiant Form of the Master
 - 85. The Perfect Master
 - 86. Recognizing a Perfect Master
 - 86. His Way of Life
 - 87. The Structure of the Body
 - 87. The Character of a Perfect Master and the Influence of His Company
 - 94. How Can a Perfect Master be Found?
 - 95. The Signs of Meeting a Perfect Master

- 96. Chapter 7. Oneness of Guru, Guru Dev, Satguru and Lord
 - 96. What is the Meaning of Oneness?
 - 104. The Gift of the Lord and the Master
 - 107. Care Given by the Master
 - 111. The Hand of the Master on One's Head
 - 112. Shelter of the Guru
 - 114. The Words of the Master

- 118. Chapter 8. Worship (Puja)
- 122. Chapter 9. Awe and Affection (Bhea & Bhav)
 - 122. Awe
 - 123. How is This Awe Born?
 - 124. How to Be Free From Fear?
 - 125. Affection – Love
 - 127. Awe and Affection
 - 129. Affection for Others
 - 130. Instability of the Universe
 - 133. Warning

- 136. Chapter 10. Divine Ambrosia (Hari Ras)
 - 136. What is the Divine Ambrosia?
 - 137. It is Indescribable
 - 137. It is Nectar
 - 137. Where is the Divine Ambrosia?
 - 138. How Can the Divine Ambrosia Be Obtained?
 - 140. Who Obtains the Divine Ambrosia?
 - 140. Qualities of the Divine Ambrosia
 - 141. Fruits of the Divine Ambrosia
 - 141. Guru Naam or Gurumukh Naam
 - 142. Gurumat Naam
 - 142. Benefits of the Guru-Naam

144. Chapter 11. Nectar (Amrit)

- 144. What is Nectar?
- 146. In the Nectar There is the Sound Principle
- 146. There is Light in the Nectar
- 146. Where is the Nectar?
- 148. The Nectar is Behind the Covering of the Mind
- 148. Who Can Taste the Nectar?
- 149. How is the Nectar Obtained?
- 150. Who Obtains the Nectar?
- 151. Benefits of the Nectar

153. Chapter 12. Humility

- 153. Outer Humility
- 154. Inner Humility
- 156. Signs of Humility
- 156. The Method of Acquiring True Greatness
- 157. Fruits of Humility
- 158. How to Win Over the Lord
- 161. The Results of Humility
- 162. It is Extremely Difficult to Give Up Pride
- 164. The Ideal of Spiritual Seekers
- 164. The Religion of Humanity

Book 3

1. Chapter 1. Service

- 1. Physical Service
- 2. Service by Means of Wealth and Mind
- 3. Service by Soul
- 5. Method of Service to the Master
- 6. Which Kind of Service is Desirable?
- 6. Who Can Serve the Master and the Lord?
- 7. Whose Service Should be Performed?

9. Chapter 2. Posture

12. Chapter 3. Real Satsang

- 21. One Special Advantage

23. Chapter 4. Cleanliness

28. Chapter 5. Dharma

- 28. Duties
- 30. Love is a Human Virtue – Adopt It
- 30. Do Not Injure the Feelings of Others – Keep All Happy
 - 32. 1. Compassion
 - 35. 2. Contentment
 - 38. 3. Forgiveness
 - 40. 4. Truthfulness
 - 43. 5. Sweetness

- 45. 6. Austerity
- 45. 7. Charity
 - 46. Charity of One-Tenth Income
 - 47. To Whom Should Charity be Given?
- 49. 8. Cleanliness
 - 49. (i) Good Conduct of Life
 - 51. (ii) Pure Food
 - 53. What Should We Eat?
 - 53. Food for Spiritual Discipline
 - 53. How Many Times and When Should the Food be Taken?
 - 54. The Harmful Effects of Excessive Intake of Food
 - 54. Secret of Good Health and Long Life
 - 54. Necessary Precautions in Taking Food
 - 54. Secret of the Health of Saints and Great Men
- 55. 9. Good Conduct
 - 57. Food for a Celibate
 - 57. Abstinence for a Celibate
 - 57. Abstinence for a Celibate
 - 58. Married Life and Spiritual Progress
 - 59. Advantage of Continence
 - 60. Chastity
 - 63. Imbibing Virtues
 - 64. What Are Those Virtues?

68. Chapter 6. The Name of God (Naam)

- 68. The Need for and the Greatness of the Name
- 69. There are Myriads of Names of God, Which One Leads to Salvation?
- 69. Reality of the Name
- 74. Real Worship That Leads to Salvation is That of the Name
- 75. The Name is the Supreme Lord
- 75. All is Within the Power of the Name
- 75. The Name is the Creator of All
- 76. What is the Name?
- 78. The Melody of the Name
- 79. The Center Where the Name is heard
- 79. Time for the Practice of the Name
- 80. Why Do We Not Hear the Melody of the Name?
- 80. The Name is not the Subject of the Senses
- 80. The True Name is Secret and Rare
- 80. The Name is the Link Connecting Us With the Lord
- 81. The Name is an Easy Path
- 81. In the Iron Age Only the Practice of the Name is Fruitful
- 82. Salvation is Attained in All the Four Ages Through the Name
- 83. The Wealth of the Name is Permanent and Imperishable
- 83. The Name is an Infinite and Eternal Treasure
- 83. The Name is the True Merchandise
- 83. The Name is the Law or Shabd
- 83. The Name is the Capital of Devotees – the Master is the Merchant, and the Disciple is the Client
- 84. The True Merchant of the Name is the Lord Himself

- 84. The Name is the Devotee's Mainstay
 - 84. The Practice of the Name
 - 84. The Practice of the Name is Easy
 - 85. How is the Name Obtained?
 - 86. Only a Gurumukh (True Devotee) Gets the Name and Not a Manmukh (Devotee of the Mind)
 - 87. Benefits of the Name
 - 92. The Lord's Names (Hari Naam and Ram Naam)
93. Chapter 7. Devotional Music (Kirtan)
- 94. The Word or Speech of God (Bani)
 - 99. The Word of the Master (Guru Bani)
 - 100. The Initiatory Teachings of the Master (Guru Mantra)
 - 100. Initiation
 - 102. Riches (Vakhar)
 - 103. Knowledge (Gyan)
 - 105. The Esoteric Letter (Akshar)
 - 106. The Lotus Feet (Charan Kamal)
 - 114. The Dust of the Lotus Feet
 - 118. Surat Shabd Yoga or the Yoga of the Sound Current
 - 119. Practice of Surat Shabd Yoga
123. Chapter 8. Historical References
- 124. Before and After Guru Nanak
 - 125. Granths and Scriptures and Learned Men Cannot Take the Place of Gurus
 - 128. The Guru is a Superman, is an Ideal or Spotless Man and Even More Than That
 - 130. Gurus Come From Sach Khand Under the Order of the Lord for Taking Back the Souls. They Are Free From the Bondage of Body and Mind
 - 131. The Reason for Master's Coming to the World
 - 131. The Work of a Master
 - 133. The Duties of a Master
 - 133. The Master is the Manifestation of the Lord
137. Chapter 9. Pseudo-Masters or False and Imposter Masters
- 142. The Disadvantage of Being Without a Master

Book 4

Introduction

1. Chapter 1. Love

- 5. Love is God
- 6. Everything is the Result of Love
- 6. Love is the State of Giving Away One's Heart
- 7. Condition of a Lover
- 8. True Love Implies Giving Up the Ego
- 8. Love is a Constant Magnet
- 8. True Love is Permanent
- 9. Love is the Nectar of Our Existence
- 9. Love is Naam (Word)

9. What is the Effect of Love?
10. The Signs of Love
10. Four Things are Necessary in Love
11. Love is a Universal Attribute
12. Love is a Natural Quality in Man
13. Stages to Achieve Love
14. Four Stages of Love
16. The Wine of Love
17. The Intoxication of the Wine of Love
18. Where Can We Can Get the Elixir of Love?
18. What is the Principle of Obtaining Love?
18. Love for the Master and its Advantages
22. Love God and His Lovers
24. Praises of Love by Various Saints
25. The Treasure of Love is Rare
25. Matter and Spirit
25. Love for the Spiritual and Love for the Physical
27. Method of Creating Worldly Love and Spiritual Love
28. True and False Love
29. Life is Useless Without God's Love
30. Love of Saints and of Ordinary People
31. Love is True Worship and True Austerity
32. Love is the Basis of all Activity
32. Love is True Prayer
34. Love is Higher than Religion, Rituals etc.
34. One Has to Dedicate His Life, Bravely and Quietly, in True Love
34. Love is the Path of Surrender and Sacrifice
36. Love is the Path of Sacrifice
37. True Love is Not for Weaklings
38. The Path of Love is Difficult
38. Love is Not the Work of the Greedy or the Conscience-Sellers
39. Love is the Path of a Madman
39. The Influence of Love
41. Love Eliminates All Worries
41. The Reward of Love
42. Love and Intellect
49. Love and Beauty
49. Love and Knowledge
51. Love and Detachment
51. Love and Attachment
52. Love and Lust
53. A Lover
58. The Religion of Love
59. The Intoxication of Love
62. The Emotions of a Lover
62. How Should One Love?
64. The Place of Love
65. Teachings of Love in the Old Scriptures
65. Love is Our Birthright
65. Love is Only Available Through a Perfect Master

- 65. Love Not Reduced to Speech or Print
- 66. The Form of Love
- 66. Love Can Be Seen in a Lover
- 67. Love in the Beloved
- 67. Methods of Developing Love
- 70. How Love is Produced
- 71. Essentials for Permanent Love
- 73. How Can Love Be Maintained?
- 73. Where is Love First Produced?
- 73. Love by a Gurumukh and a Manmukh
- 74. Qualities Awakened Through Love

79. Chapter 2 Prayer or Supplication

- 79. The Helplessness of the Materialist
- 80. Prayer is a Universal Feeling
- 81. Do Not Extend Your Hand in Supplication Before Anyone Other than the Lord and the Master
- 84. Pray to the Living Presence of the Lord
- 84. Prayer and Effort
- 85. Which Prayer is Granted?
- 87. Intellectual and Logical Difficulties in Prayer
- 87. Internal Difficulties – The Heart's Ground for Prayer
- 88. Three Methods of Prayer
- 89. Praying Aloud
- 90. Praying in Public
- 91. Place of Worship
- 93. Conditions of Prayers
- 93. The Necessity of Absorption
- 93. The Necessity of Truth and Contentment
- 94. Praying with the Heart
- 94. No Particular Language or Words are Necessary for Prayers
- 98. Time for Prayer
- 96. When to Pray
- 96. The Working of Prayer
- 97. Effects of Prayers on Others
- 98. Why All Our Prayers Are Not Granted
- 99. Is it Necessary to Pray to the Lord?
- 102. Fruits of Prayer
- 102. Stages in the Development of Prayer
- 104. Ask for the Lord of the Lord
- 107. What Should be Asked of the Lord and the Master?
- 107. Ask for the Name From the Master and Saints and Beg of Them for Their Grace
- 109. What Should We Ask of the Lord?
- 114. Ask the Master for the Lord
- 116. Examples of Prayers
- 117. Lord's Prayer
- 118. Hindu, Muslim Prayers
- 119. Kabir's Prayer
- 120. Prayer Before the Master in Sar Bachan
- 122. Prayer of Mira Bai; 123. Prayer of Dharam Das; 123. Prayer of Surdas