Philosophy of the Masters
(Gurmat Sidhant)
by
Sant Kirpal Singh Ji Maharaj

Index of Books, Chapters and Sub-Topics
Introduction

In 1939 Sant Kirpal Singh began writing *Gurmat Sidhant - Philosophy of the Masters*, a comprehensive treatise on the science of spirituality, which on the request of Master Kirpal Singh was published under the name of His Master Hazur Maharaj Sawan Singh. The books comprise a complete encyclopedia of basic information on Sant Mat, the Teachings of the Saints.

“*Gurmat Sidhant* is a book written by me--through my hands I would say, not by me, but by the God-Master within me. I used to write it down and take it to Master to read it to Him so that He may give the final yes.”

“When I was writing that book *Gurmat Sidhant*, one writer came to visit and was sitting by me at night. I started at nine o’clock, went on writing, writing as fast as possible. He was sitting watching me. It was ten, it was eleven o’clock, it was twelve midnight, one o’clock. ‘From where are you writing?’ he said. ‘There’s nothing before you to copy.’ I told him, ‘My Master dictates to me. I’m writing so fast because I cannot keep up to Him.’ (chuckles) Whatever thoughts come up without thinking are always perfect.”

Sant Kirpal Singh – 1930’s

Book 1: http://kirpalsingh.org/Booklets/Philosophy_of_the_Masters_1.pdf

Book 2: http://kirpalsingh.org/Booklets/Philosophy_of_the_Masters_2.pdf


http://kirpalsingh.org/Booklets.html
Book 1

1. Introduction
2. Chapter 1. The Time of Elixir
6. Chapter 2. Remembrance or Repetition (Simran)
22. Chapter 3. Sound or Melody
26. Chapter 4. Dying While Living
33. Chapter 5. Devotion (Bhakti)
73. Chapter 6. Intense Longing
85. Chapter 7. Truth
94. Chapter 8. The Lord’s Will
111. Chapter 9. The Sound Current
146. Chapter 10. Action Without Desire
151. Chapter 11. Previous Actions (Karmas)

Book 2

1. Introduction
2. Chapter 1. The Lord
29. Chapter 2. Contemplation
38. Chapter 3. Detachment
43. Chapter 4. Repetition of Names and Austerities
54. Chapter 5. The Master or Perfect Master
76. Chapter 6. Characteristics of a Master
96. Chapter 7. Oneness of Guru, Guru Dev, Satguru and Lord
118. Chapter 8. Worship
122. Chapter 9. Awe and Affection
136. Chapter 10. Divine Ambrosia
144. Chapter 11. Nectar (Amrit)
153. Chapter 12. Humility

Book 3

Introduction
1. Chapter 1. Service
9. Chapter 2. Posture
12. Chapter 3. Satsang
23. Chapter 4. Cleanliness
28. Chapter 5. Dharma
68. Chapter 6. The Name of God
93. Chapter 7. Devotional Music
123. Chapter 8. Historical References
137. Chapter 9. Pseudo Masters or False and Imposter Masters

Book 4

Introduction
1. Chapter 1. Love
79. Chapter 2. Prayer
Book 1

Page
1. Introduction
2. Chapter 1. The Time of Elixir

6. Chapter 2. Remembrance or Repetition (Simran)
   6. What is Simran?
   7. Method of Withdrawing Within Oneself
   8. Method of Simran
   11. Purpose of Repetition – Simran
   11. Place of Simran
   13. How Should One Do Simran?
   15. Inner Ascent and Realization through Simran
   17. Precepts of Simran
   19. Simran is Possible Only with the Grace of the Lord and Through the Kindness of the Master
   19. Time for Simran
   19. The Practice of Repetition of Names is for Everybody
   20. Fruits of Simran

22. Chapter 3. Sound or Melody (Dhun)
   23. Dhun Comprises Knowledge, Contemplation and Meditation
   23. Whence Do We Get the Dhun?
   24. Who is Eligible for the Dhun?
   24. Fruits of Dhun

26. Chapter 4. Dying While Living
   27. What Happens at the Time of Death and After?

33. Chapter 5. Devotion (Bhakti)
   33. What is Bhakti?
   35. Difference Between Love and Devotion
   37. Devotion Consists in One-Pointed Attention and Needs Only One Support
   38. Devotion, Action, Knowledge and Discipline
   38. Devotion is Natural
   39. The Principles of Devotion
   40. Prerequisites for Devotion
   41. Why Should We Be Devoted?
   41. To Whom Should We Be Devoted?
   43. Devotion to the Master – Guru Bhakti
   53. Guru Bhakti is Difficult
   54. Devotion to the Master is the Path of Surrender of Self or Ego
   55. What is the Object of Being Devoted to a Master?
   56. What Type of Devotion Should Be Rendered?
   61. What Are the Practices by Which We Can Be Successful in Devotion?
   63. How can Devotion be achieved?
   66. Who achieves Bhakti?
66. Bhakti is Not Idleness
66. The Signs of Bhakti
67. Devotion is Not a Physical Sentiment
68. Time for Devotional Practice
68. The Path of Devotion is Open to All
69. Devotion is Superior To and Easier than All Religious Ceremonies and Rituals
70. Obstacles in the Path of Devotion
71. Fruits of Devotion

73. Chapter 6. Intense Longing (Bireh)
85. Chapter 7. Truth
  87. The Lord of Death (Dharam Rai)
  89. The Characteristics and Functions of the Lord of Death
  89. The Negative Power (Kal)

94. Chapter 8. The Lord’s Will (Bhana)
  99. Who Loves the Will of the Lord and Accepts It?
100. He Who Accepts the Will of the Lord is a True Devotee
100. What Are the Signs of Union with the Lord?
103. The Will of the Master or Guru
104. The Divine Law (Hukam)
109. Who Can Understand that Law?

111. Chapter 9. The Sound Current (Shabd)
  111. The Shabd is the Supreme Being and Sustainer of All
  111. What is the Shabd?
  112. Shabd is the Creator
  113. The Shabd Cannot be Spoken or Written
  115. All Religions Teach the Practice of Shabd
  118. The Principle of the Divine Sound
122. How Can We Hear this Sound?
122. Which is the Place Where Shabd is Heard?
123. The Sound is Independent of the Ten Vital Forces (Pranas)
123. Sound and Light
124. Light is Faster than Sound
125. Shabd is the Truth
125. Shabd is Nectar
126. Shabd is the True Treasure
126. Shabd is the Lord’s Law and Name
127. Shabd is the Highest Essence
127. Shabd is Inexhaustible
127. Shabd is All-Pervading
127. Shabd is Found Within the Body
128. How is Shabd Realized?
129. What is Devotion to Shabd?
129. Shabd is Realized by a Rare Devotee
130. What Does Shabd Do Within?
132. Time for Practice of Naam Through Shabd
133. Benefits of Practice of Shabd
136. The Timeless (Anhad) Shabd
138. The Five Sounds (Shabds)
141. The Inner Music
142. Outer Music and Dance

146. Chapter 10. Action Without Desire
   146. What is Action (Karma)?
   149. Surrendering Everything to the Lord

151. Chapter 11. Previous Actions (Karmas)

**Book 2**

1. Introduction
2. Chapter 1. The Lord
   4. Where is God?
   4. God is Beyond Mind and Intellect
   5. He is a Power and is All-Pervading
   5. This Power is Conscious and Not Inert
   7. What is God and What is Our Relationship with Him?
   8. God as Visualized by the Saints
   13. The Lord of Lords (Hari Rai)
   13. The Immaculate One (Adi Niranjan)
   15. Ekankar – The One
   16. The Lord God (Rai, Sat Purush)
   17. The Immaculate One (Niranjan)
   19. The Omnipresent
   26. The Carefree One

29. Chapter 2. Contemplation (Dhyan)
   36. Contemplation and Religion
   37. Fruits of Contemplation

38. Chapter 3. Detachment
   39. Detachment and Renunciation
   41. Who is a Detached Person?

43. Chapter 4. Repetition of Names and Austerities
   44. Repetition of Names (Jap)
   46. Austerities (Tap)
   48. The Effects of the Iron Age (Kali Yuga)
   49. What are True Repetition, Austerities and Self-Control?
   51. How Real Repetition and Austerities are Practiced and Their Fruit

54. Chapter 5. The Master or Perfect Master (Guru or Satguru)
   60. The Different Kinds of Master or Guru
   61. Is There One Guru or Are There Many?
62. The Master or Guru of the Time
64. The Necessity for the Living Master
65. Past Saints
74. There is Utter Darkness Without the Guru

76. Chapter 6. Characteristics of a Master
   80. How to Find a Master
   81. The Benefit of Having a Master
   81. Guru Dev – The Radiant Form of the Master
   85. The Perfect Master
   86. Recognizing a Perfect Master
   86. His Way of Life
   87. The Structure of the Body
   87. The Character of a Perfect Master and the Influence of His Company
   94. How Can a Perfect Master be Found?
   95. The Signs of Meeting a Perfect Master

96. Chapter 7. Oneness of Guru, Guru Dev, Satguru and Lord
   96. What is the Meaning of Oneness?
   104. The Gift of the Lord and the Master
   107. Care Given by the Master
   111. The Hand of the Master on One’s Head
   112. Shelter of the Guru
   114. The Words of the Master

118. Chapter 8. Worship (Puja)
122. Chapter 9. Awe and Affection (Bhea & Bhav)
   122. Awe
   123. How is This Awe Born?
   124. How to Be Free From Fear?
   125. Affection – Love
   127. Awe and Affection
   129. Affection for Others
   130. Instability of the Universe
   133. Warning

136. Chapter 10. Divine Ambrosia (Hari Ras)
   136. What is the Divine Ambrosia?
   137. It is Indescribable
   137. It is Nectar
   137. Where is the Divine Ambrosia?
   138. How Can the Divine Ambrosia Be Obtained?
   140. Who Obtains the Divine Ambrosia?
   140. Qualities of the Divine Ambrosia
   141. Fruits of the Divine Ambrosia
   141. Guru Naam or Gurumukh Naam
   142. Gurumat Naam
   142. Benefits of the Guru-Naam
144. Chapter 11. Nectar (Amrit)
   144. What is Nectar?
   146. In the Nectar There is the Sound Principle
   146. There is Light in the Nectar
   146. Where is the Nectar?
   148. The Nectar is Behind the Covering of the Mind
   148. Who Can Taste the Nectar?
   149. How is the Nectar Obtained?
   150. Who Obtains the Nectar?
   151. Benefits of the Nectar

153. Chapter 12. Humility
   153. Outer Humility
   154. Inner Humility
   156. Signs of Humility
   156. The Method of Acquiring True Greatness
   157. Fruits of Humility
   158. How to Win Over the Lord
   161. The Results of Humility
   162. It is Extremely Difficult to Give Up Pride
   164. The Ideal of Spiritual Seekers
   164. The Religion of Humanity

Book 3

1. Chapter 1. Service
   1. Physical Service
   2. Service by Means of Wealth and Mind
   3. Service by Soul
   5. Method of Service to the Master
   6. Which Kind of Service is Desirable?
   6. Who Can Serve the Master and the Lord?
   7. Whose Service Should be Performed?

9. Chapter 2. Posture
12. Chapter 3. Real Satsang
   21. One Special Advantage

23. Chapter 4. Cleanliness
28. Chapter 5. Dharma
   28. Duties
   30. Love is a Human Virtue – Adopt It
   30. Do Not Injure the Feelings of Others – Keep All Happy
   32. 1. Compassion
   35. 2. Contentment
   38. 3. Forgiveness
   40. 4. Truthfulness
   43. 5. Sweetness
45. 6. Austerity
45. 7. Charity
   46. Charity of One-Tenth Income
   47. To Whom Should Charity be Given?
49. 8. Cleanliness
   49. (i) Good Conduct of Life
51. (ii) Pure Food
   53. What Should We Eat?
   53. Food for Spiritual Discipline
   53. How Many Times and When Should the Food be Taken?
   54. The Harmful Effects of Excessive Intake of Food
   54. Secret of Good Health and Long Life
   54. Necessary Precautions in Taking Food
   54. Secret of the Health of Saints and Great Men
55. 9. Good Conduct
   57. Food for a Celibate
   57. Abstinence for a Celibate
   57. Abstinence for a Celibate
   58. Married Life and Spiritual Progress
   59. Advantage of Continence
   60. Chastity
   63. Imbibing Virtues
   64. What Are Those Virtues?

68. Chapter 6. The Name of God (Naam)
   68. The Need for and the Greatness of the Name
   69. There are Myriads of Names of God, Which One Leads to Salvation?
   69. Reality of the Name
   74. Real Worship That Leads to Salvation is That of the Name
   75. The Name is the Supreme Lord
   75. All is Within the Power of the Name
   75. The Name is the Creator of All
   76. What is the Name?
   78. The Melody of the Name
   79. The Center Where the Name is heard
   79. Time for the Practice of the Name
   80. Why Do We Not Hear the Melody of the Name?
   80. The Name is not the Subject of the Senses
   80. The True Name is Secret and Rare
   80. The Name is the Link Connecting Us With the Lord
   81. The Name is an Easy Path
   81. In the Iron Age Only the Practice of the Name is Fruitful
   82. Salvation is Attained in All the Four Ages Through the Name
   83. The Wealth of the Name is Permanent and Imperishable
   83. The Name is an Infinite and Eternal Treasure
   83. The Name is the True Merchandise
   83. The Name is the Law or Shabd
   83. The Name is the Capital of Devotees – the Master is the Merchant, and the Disciple is the Client
   84. The True Merchant of the Name is the Lord Himself
84. The Name is the Devotee’s Mainstay
84. The Practice of the Name
84. The Practice of the Name is Easy
85. How is the Name Obtained?
86. Only a Gurumukh (True Devotee) Gets the Name and Not a Manmukh (Devotee of the Mind)
87. Benefits of the Name
92. The Lord’s Names (Hari Naam and Ram Naam)

93. Chapter 7. Devotional Music (Kirtan)
   94. The Word or Speech of God (Bani)
   99. The Word of the Master (Guru Bani)
100. The Initiatory Teachings of the Master (Guru Mantra)
101. Initiation
102. Riches (Vakhar)
103. Knowledge (Gyan)
105. The Esoteric Letter (Akshar)
106. The Lotus Feet (Charan Kamal)
114. The Dust of the Lotus Feet
118. Surat Shabd Yoga or the Yoga of the Sound Current
119. Practice of Surat Shabd Yoga

123. Chapter 8. Historical References
   124. Before and After Guru Nanak
   125. Granths and Scriptures and Learned Men Cannot Take the Place of Gurus
   128. The Guru is a Superman, is an Ideal or Spotless Man and Even More Than That
   130. Gurus Come From Sach Khand Under the Order of the Lord for Taking Back the Souls. They Are Free From the Bondage of Body and Mind
   131. The Reason for Master’s Coming to the World
   131. The Work of a Master
   133. The Duties of a Master
133. The Master is the Manifestation of the Lord

137. Chapter 9. Pseudo-Masters or False and Imposter Masters
   142. The Disadvantage of Being Without a Master

Book 4

Introduction
1. Chapter 1. Love
   5. Love is God
   6. Everything is the Result of Love
   6. Love is the State of Giving Away One’s Heart
   7. Condition of a Lover
   8. True Love Implies Giving Up the Ego
   8. Love is a Constant Magnet
   8. True Love is Permanent
   9. Love is the Nectar of Our Existence
   9. Love is Naam (Word)
9. What is the Effect of Love?
10. The Signs of Love
10. Four Things are Necessary in Love
11. Love is a Universal Attribute
12. Love is a Natural Quality in Man
13. Stages to Achieve Love
14. Four Stages of Love
16. The Wine of Love
17. The Intoxication of the Wine of Love
18. Where Can We Get the Elixir of Love?
18. What is the Principle of Obtaining Love?
18. Love for the Master and its Advantages
22. Love God and His Lovers
24. Praises of Love by Various Saints
25. The Treasure of Love is Rare
25. Matter and Spirit
25. Love for the Spiritual and Love for the Physical
27. Method of Creating Worldly Love and Spiritual Love
28. True and False Love
29. Life is Useless Without God’s Love
30. Love of Saints and of Ordinary People
31. Love is True Worship and True Austerity
32. Love is the Basis of all Activity
32. Love is True Prayer
34. Love is Higher than Religion, Rituals etc.
34. One Has to Dedicate His Life, Bravely and Quietly, in True Love
34. Love is the Path of Surrender and Sacrifice
36. Love is the Path of Sacrifice
37. True Love is Not for Weaklings
38. The Path of Love is Difficult
38. Love is Not the Work of the Greedy or the Conscience-Sellers
39. Love is the Path of a Madman
39. The Influence of Love
41. Love Eliminates All Worries
41. The Reward of Love
42. Love and Intellect
49. Love and Beauty
49. Love and Knowledge
51. Love and Detachment
51. Love and Attachment
52. Love and Lust
53. A Lover
58. The Religion of Love
59. The Intoxication of Love
62. The Emotions of a Lover
62. How Should One Love?
64. The Place of Love
65. Teachings of Love in the Old Scriptures
65. Love is Our Birthright
65. Love is Only Available Through a Perfect Master
65. Love Not Reduced to Speech or Print
66. The Form of Love
66. Love Can Be Seen in a Lover
67. Love in the Beloved
67. Methods of Developing Love
70. How Love is Produced
71. Essentials for Permanent Love
73. How Can Love Be Maintained?
73. Where is Love First Produced?
73. Love by a Gurumukh and a Manmukh
74. Qualities Awakened Through Love

79. Chapter 2 Prayer or Supplication
  79. The Helplessness of the Materialist
  80. Prayer is a Universal Feeling
  81. Do Not Extend Your Hand in Supplication Before Anyone Other than the Lord and the Master
  84. Pray to the Living Presence of the Lord
  84. Prayer and Effort
  85. Which Prayer is Granted?
  87. Intellectual and Logical Difficulties in Prayer
  87. Internal Difficulties – The Heart’s Ground for Prayer
  88. Three Methods of Prayer
  89. Praying Aloud
  90. Praying in Public
  91. Place of Worship
  93. Conditions of Prayers
  93. The Necessity of Absorption
  93. The Necessity of Truth and Contentment
  94. Praying with the Heart
  94. No Particular Language or Words are Necessary for Prayers
  98. Time for Prayer
  96. When to Pray
  96. The Working of Prayer
  97. Effects of Prayers on Others
  98. Why All Our Prayers Are Not Granted
  99. Is it Necessary to Pray to the Lord?
102. Fruits of Prayer
102. Stages in the Development of Prayer
104. Ask for the Lord of the Lord
107. What Should be Asked of the Lord and the Master?
107. Ask for the Name From the Master and Saints and Beg of Them for Their Grace
109. What Should We Ask of the Lord?
114. Ask the Master for the Lord
116. Examples of Prayers
117. Lord’s Prayer
118. Hindu, Muslim Prayers
119. Kabir’s Prayer
120. Prayer Before the Master in Sar Bachan
122. Prayer of Mira Bai; 123. Prayer of Dharam Das; 123. Prayer of Surdas