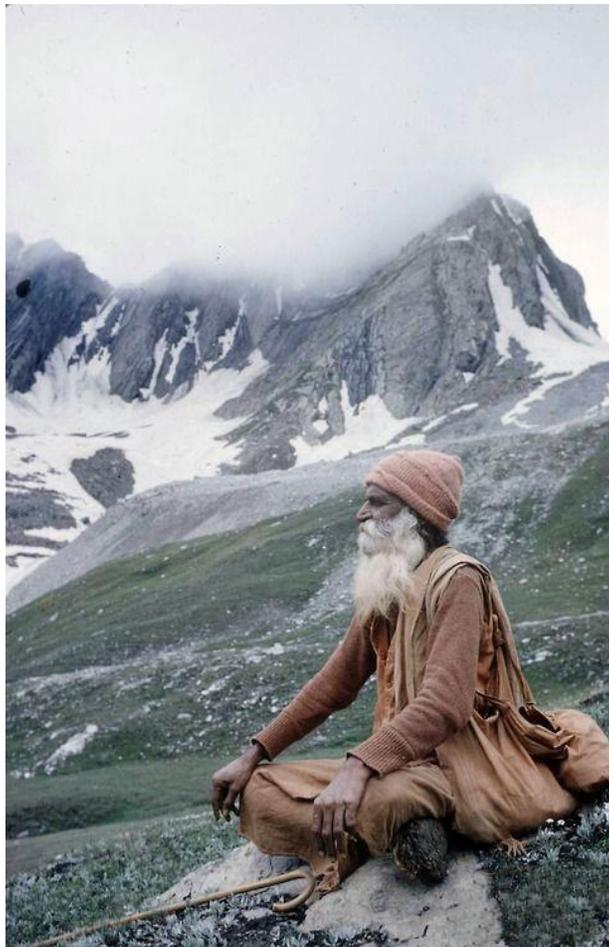


Make the End Glorious

A wise old woman happened to be a pianist who had taught many students over the years. When she prepared her pupils for recitals, she would have them practice the conclusions over and over again. Invariably the students would begin to grumble because of the constant repetition of the last few measures of music. When students would voice their complaints, the wise teacher would always answer, “You can make mistakes in the beginning or you can make a mistake in the middle. The people will forget it if you make the ending glorious.”



If we live recklessly when our hair is black,
at least when it turns to white we should give some thought
to how we are living, and what it will avail us.

(Sant Kirpal Singh Ji)

ruhanisatsangusa.org/listen.htm



50/75

50 years on the path/75 years on the planet

Maybe now is a good time to answer the question:

How can I make my end glorious?



1. Do at least that which I can do.

The following excerpt hit home.

From the book *The Stranger of Galilee:
The Sermon on the Mount and the Universal Spiritual Tradition*,
Chapter 13 by Russell Perkins

“Discourses like the Sermon on the Mount and other talks of the Masters give us a unique view of reality that is not what we expect; that is why their laws/suggestions often strike us as “heavy” and why we feel guilty if we can’t follow them. But to feel this way is a complete misuse of what the Master is giving us.

“He is showing us what is required if we are to become that which we were born to be, and always underlying and undermining the austerity is His love. Seen from the perspective of His love, His statements are not harsh; they are simply based on an astonishingly radical view of the universe. Once we grasp that vision in its fullness, everything makes perfect sense.

“Baba Jaimal Singh wrote many letters relevant to this subject (to not speak beyond that which we really and truly know) to His beloved disciple destined to be His successor, Sawan Singh. Sawan was living the life of a military engineer in what we would call an officer’s camp, a cantonment in India, and Baba Jaimal Singh wrote a phrase which should be very helpful to us: **“We should at least do that which is in our power.”** This is the reason why the Masters are so strict about the vegetarian diet: it is something within our power to control.

“We can try to do other things and invoke the grace of God to help us, but we should at least do that which we can do.”



There is a kind of gambling that finishes up the incarnations, but what kind of gambling it is, very few really know. The true gambling lies in sacrificing all other things – body and its environments – for the purpose of enkindling the Light within. (Sant Kirpal Singh, ruhanisatsangusa.org/dance.htm)



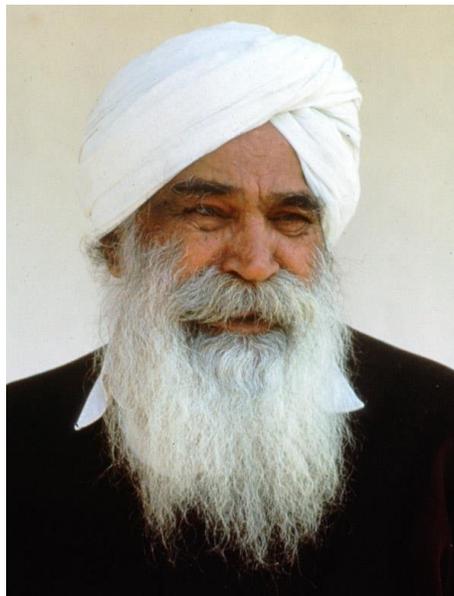
2. Pay more attention to the diary.

Question: Master, I find that my meditations are improving, but...

Sant Kirpal Singh Ji: But!

Disciple: My ethical life is not improving, or it's getting worse, and I would rather have it the other way around. Like I can't seem to follow your commandments, it seems to get harder and harder, even though I ...

Master: What is there? I tell you, there are five headings: One is non-violence; the other is truthfulness; third is chastity; fourth is veneration for all because God resides in every heart; fifth is service. Take one, and learn it completely. Not to injure anybody's feelings even in your thought, word, or deed. Take time; take one week. Leave all others. The other, take another week. Third one, another week. In four or five weeks you can do it, if you are really after it. Then the time you will put in will be fruitful. (Sat Sandesh, May 1975, 9, 10)



Sant Kirpal Singh Ji Maharaj

Love requires, first of all: "If you love me, keep my commandments." We don't keep the commandments. Some do with modifications which suit their own interests. Unless we live up 100 percent to what the Master says, we cannot truly get to know what God is. (Sant Kirpal Singh, ruhanisatsangusa.org/truesat.htm)



3. Do more Simran.

Each man has to cast off the mortal raiment in a manner predestined and preordained by past karmas, viz. by disease or accident. Death cannot befall any one before it is due. Then why worry? We may not know as to how we will meet death, by disease or by accident, but one thing is certain, if the sweet remembrance of the Lord exists at the time, we will have a peaceful death, as the Master's presence will be overhead. The only thing that is required is to have sweet remembrance of the Lord at all times. (Sant Kirpal Singh, *Spiritual Elixir*, 285)

If you really love a saint or mahatma, then - asleep or awake - you always think of Him. Where would you go after death? You go to the place of the person on whom your thoughts have been dwelling all along. (Baba Sawan Singh)

If you have been accustomed to one thought, a ruling passion in your life, then naturally that will be the last thought with you. Anything which has been ruling your mind will come up. (Sant Kirpal Singh, ruhanisatsangusa.org/lok/protection.htm)

If you die in that sweet remembrance of the Master you are not to return to the world. (Sant Kirpal Singh, ruhanisatsangusa.org/lok/dont-forget.htm)

Wherever our desire is, we shall go there. That is why a person's thought should be on God at the time of death. (Sant Kirpal Singh, ruhanisatsangusa.org/serpent.htm)

Whatever your ruling passion is at the end of your life, you'll be driven there, that's the law. (Sant Kirpal Singh, ruhanisatsangusa.org/comeback.htm)

At the time of death the same scenes appear before us which we have been fixing in our mind during our lifetime. These very scenes or thoughts, as they are connected with this world, bring us back to this world after death and are the cause of our rebirth. (Baba Sawan Singh, *Spiritual Gems*, Letter 198)

To think about weakness in old age is also a trick of the mind: By making us worry about all the weaknesses which some do experience in old age, our mind is keeping us from Simran. Instead of thinking about old age and its weakness, we should do Simran, which could be of some help to us. But worrying will not help. (Ajaib Singh)



4. Practice loving-kindness.

When you serve others, you are serving Him.

(Sant Kirpal Singh)

The Night is a Jungle, 287

Mind and body become sanctified through selfless service,
provided it is undertaken without ego or vanity.

(Sant Kirpal Singh)

Spiritual Elixir, 95

If we have helped even one person
by removing a little misery from his day,
we have done a great service.

(Sant Kirpal Singh)

The Night is a Jungle, 238



This world is swept away by aging, by illness, by death.

For one swept on by aging no shelters exist.

Keeping sight of this danger in death,

do meritorious deeds that bring bliss.

Make merit while alive.

(Buddha)



5. Meditate more.

Wherever you are, you can at best serve the Master and the best service which earns His pleasure is sincere meditations. (Sant Kirpal Singh, *The Teachings of Kirpal Singh*, v. 2, 107)

There is a Sound of Truth vibrating within - a song which is sung in every being. There is a great attraction in hearing this Sound, through which all other attractions will fade away - one becomes free of them. (Sant Kirpal Singh, *The Teachings of Kirpal Singh*, v. 2



The gift of learning to meditate is the greatest gift you can give yourself in this life. For it is only through meditation that you can undertake the journey to discover your true nature, and so find the stability and confidence you will need to live, and die, well. (Sogyal Rinpoche)



6. Practice the Presence of the Master.

Please learn to be receptive to His grace and feel His kindly presence riding with you on the buses, chatting with you in the street, sitting with you in the park, by your office desk, accompanying you every morning to the office, slowing down by the lily pond to check the new flowers and walking with you in the evening all the way back by the new moon. Master is always with the disciple and never leaves him or her until the end of the world. The Father will never disown His children.

(Sant Kirpal Singh, *Spiritual Elixir*, 309)



How wonderful it is to surrender completely to one who is competent and loving, and to feel His loving presence and grace working in every sphere of life.

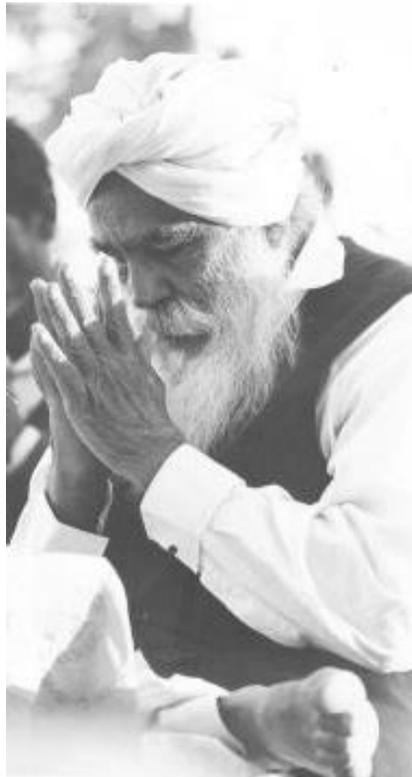
(Sant Kirpal Singh, *Spiritual Elixir*, 259)



7. Pray.

“Sir, can you give us an example of a good prayer?” the Muslim gentleman asked. In reply the Great Master (Hazur Baba Sawan Singh) said,

“If I were to pray, I would pray as follows: My Lord! I am ignorant, I do not know what to ask of you. Give me that which you think best for me. And give me the strength and wisdom to be happy about what you deem fit to give me and about how and where you keep me. I have no virtues, no devotion. My actions are all dark and sinful. I possess no merits and my mind has thoroughly crushed me. For a sinner like me, O Lord, there is no refuge but Thy Blessed Feet. Please take me under Thy shelter. I want nothing more. Make me Thy slave, that I may be Thine and Thou mayest be mine.” *(The Call of The Great Master, 134)*

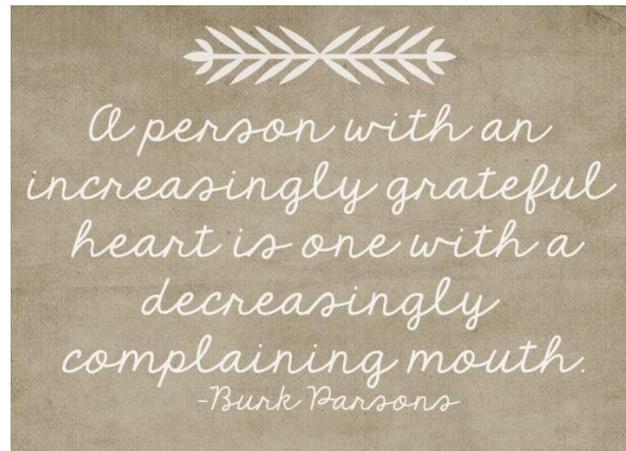


Beg from the Lord and the Guru their Divine Vision, complete self-surrender and the gift of Naam. Pray also to be saved from the evil tendencies of the mind and the senses. Being omnipotent, He is capable of granting us all these boons. Besides this, the seekers may pray for the gift of happily resigning to His sweet Will. (Sant Kirpal Singh, ruhanisatsangusa.org/pray/pray_23.htm)



8. Be ever mindful of my many blessings.

Every day and every hour convey thanks to the Master – the God in Him, Who has put you on the Way – and for all other gifts you enjoy. In this way you will be aware of the Master all the time. Without Him you can do nothing and with Him you can do all things. (Sant Kirpal Singh, *The Teachings of Kirpal Singh*, True Living: to World and to God)



To be grateful is to recognize the Love of God in everything He has given us – and He has given us everything. Every breath we draw is a gift of His love, every moment of existence is a grace, for it brings with it immense graces from Him. Gratitude therefore takes nothing for granted, is never unresponsive, is constantly awakening to new wonder and to praise of the goodness of God. For the grateful person knows that God is good, not by hearsay but by experience. And that is what makes all the difference. (Thomas Merton)



If the only prayer you say in your life is “Thank you,” that will suffice.
(Meister Eckhart)



9. Make a conscious effort to view the unfolding of events with a renewed sense of surrender and detachment.

When the eleventh-century Sufi mystic al-Ansari was asked the secret of contentment, he replied, “When one has learned with love to accept.”

At all times our hearts should be full of love for the Master and our own mind should be so fearless that it should not be ruffled if it were given the kingdom of the world nor if the kingdom of the world were taken from it.

(Sawan Singh, *Spiritual Gems*, 38)

Whatever befalls us is regulated by the direct orders of our Satguru and we should take it as such, as a blessing in disguise. (Sawan Singh, *The Dawn of Light*, 94)

One must be in the world attending to the duties and obligations assigned to him or her, but one should do these in a very detached manner. (Sant Kirpal Singh, *Spiritual Elixir*, 277)

Whatever comes to your count is a blessing in disguise and should be accepted cheerfully. (Sant Kirpal Singh, *The Teachings of Kirpal Singh*, v. 2, 108)

The Guru may give happiness or misery, for he has to make a beautiful form from a rough piece of stone and therefore has to wind up all the karmas; but a true follower will never complain, no matter what hardships the Guru allows.

(*The Teachings of Kirpal Singh*, v. 1, 27)

The Master teaches that it does not matter in the least what happens to a man from the outside: sorrows, troubles, sickness, losses – all these must be borne by each and must not be allowed to affect the calmness of his mind.

(Sant Kirpal Singh, ruhanisatsangusa.org/gemsq.htm)

It is not the inner experience which determine the spiritual progress, but the basic personal attitude of serene living of the child disciple, which proves his or her worth. (Sant Kirpal Singh, *The Teachings of Kirpal Singh*, v. 2, 95)

Do your best and leave the rest to the Master-Power overhead and leave off all worry and anxiety. It is time to be gay and happy. (Sant Kirpal Singh, *Spiritual Elixir*, 192)



Is That So?

The Zen Master Hakuin was praised by neighbors as one living a pure life.

A beautiful Japanese girl whose parents owned a food store lived near him. Suddenly without any warning, her parents discovered she was with child.

This made her parents angry. She would not confess who the man was, but after much harassment at last named Hakuin.

In great anger the parents went to the Master. “Is that so?” was all he would say.

After the child was born it was brought to Hakuin. By this time he had lost his reputation, which did not trouble him, but he took very good care of the child. He obtained milk from his neighbors and everything else the little one needed.

A year later the girl-mother could stand it no longer. She told her parents the truth – that the real father of the child was a young man who worked in the fish market.

The mother and father of the girl at once went to Hakuin to ask his forgiveness, to apologize at length, and to get the child back again.

Hakuin was willing. In yielding the child, all he said was: “Is that so?”



10. Approach the end with optimism.

It is a strange fact that though the whole world is frightened of death, the disciples on the holy path want to die. He who has mastered the science of dying with the grace of the Master, will depart finally with laughter on his or her lips, as in the case of my earthly companion. (Sant Kirpal Singh, *Sant Bani Magazine*, 10/88, p.30)

The initiates of the Living Master have a rare privilege, for they are granted Divine protection at the time of their final exit from the world. Such disciplined souls are greeted at the last moment by the Radiant Form of the Master, Who escorts them into the inner planes for further progress on the Path as may be necessary for each individual. There are many living instances of those leaving the earth plane for good who bore testimony to the Master's presence and make a happy transition, with His Grace. (Sant Kirpal Singh, ruhanisatsangusa.org/follow.htm)

We are to leave this world one day, and if we are loving, obedient disciples, and have made proper preparations in this lifetime, we do not have the transition which we call death. While others weep, the spiritually developed soul departs happy – happier than a bridegroom on his wedding day. The time of death is a critical one in our experience, when our friends and relatives are helpless to render any assistance; but for the followers of Sant Mat, it is the happiest time of all. The Master appears and takes the departing soul with Him, and puts it in its upward journey at the place for which it is fit. There is no rendering of accounts with Kal, provided there have been love for and obedience to the Master. The departed soul is happier than it has ever been before. There is absolutely no fear of death. The Master's presence within breaks all worldly connections, and the mind is free to continue the upward journey. (Baba Sawan Singh, *Spiritual Gems*, 267)

The physical body is like a coat that we took from Kal at birth, and we have to return it to him one day. There should not be any hesitation in returning what was borrowed. The devotee goes to a far better state and he does not hesitate to take a velvet coat in exchange for this one of coarse material. And if the devotee has made preparation for this day during his lifetime, he does not suffer even at this transition period, but is happy like a bridegroom. (Baba Sawan Singh, *The Dawn of Light*, letter 40)

Those whom Masters have initiated are taken one by one. All will go, some before, some after, but on the other side of the world you will all meet.
(Sant Kirpal Singh, *The Light of Kirpal*, 417)

When a loving devotee dies, the Master takes care of the soul. He guides it and instructs it even after death. In this respect the death of a devotee is totally different from that of a man of the world. (Sawan Singh, *Spiritual Gems*, latter 81)

If you die in that sweet remembrance of the Master you are not to return to the world. (Sant Kirpal Singh, ruhanisatsangusa.org/lok/dont-forget.htm)

Wherever our desire is, we shall go there. That is why a person's thought should be on God at the time of death. (Sant Kirpal Singh, ruhanisatsangusa.org/serpent.htm)

Whatever your ruling passion is at the end of your life, you'll be driven there, that's the law. (Sant Kirpal Singh, ruhanisatsangusa.org/comeback.htm)

If you have been accustomed to one thought, a ruling passion in your life, then naturally that will be the last thought with you. Anything which has been ruling your mind will come up. (Sant Kirpal Singh, ruhanisatsangusa.org/lok/protection.htm)

In nature death follows life and life proceeds from death. Death as a cessation of life in one form is but a prelude to re-living in another, and generally at a higher level of existence than before, and in better and more congenial environs.

(Sant Kirpal Singh, *The Mystery of Death* Chapter IV *Death in Bondage*)

At the time of death the same scenes appear before us which we have been fixing in our mind during our lifetime. These very scenes or thoughts, as they are connected with this world, bring us back to this world after death and are the cause of our rebirth. (Baba Sawan Singh, *Spiritual Gems*, Letter 198)

The first sign of love of God is not to be afraid of death, and to be always waiting for it. For death unites the friend to his Friend – the seeker to the object which he seeks. (Al Ghazzali)

“I am the murderer of joy, the widower of wives, the orphaner of children” said the Angel of Death. “Why always run yourself down?” said Rabia. “Why not say instead, ‘I am he who brings friend and Friend together?’ ”

If I die, don't say that he died. Say he was dead, became alive, and was taken by the Beloved. (Rumi)



To one who had recently retired on a pension, Hazur [Baba Sawan Singh] said:

“You should look upon this day as your most lucky day. You have played your game well. All your worldly duties are over. Now you should do something for yourself. Up to this time, you have been doing other’s work. Now do your own. All desires and worldly cravings should be turned out of your mind. Tell your mind that you have finished your game in the world and now God’s innings begins. Take your mind out from family, property, wealth, honor, country and all other connections with the world. Bring your mind to such a state that existence or non-existence of these things may have no effect on you. Now devote all your thought, attention and time to God and God alone. Become His now. Cleanse your mind of everything else. Think day and night of Bhajan [spiritual practice] and of nothing else. Work hard. Fight the mind fearlessly. The Guru is with you. With His help, subdue the mind. *(Spiritual Bouquet, Radha Soami booklet)*



What takes months to do here, there takes years to do.

(Sant Kirpal Singh)

ruhanisatsangusa.org/lok/riseabov.htm

Fortunate you are to have the man body!
What you can do here in a short time,
cannot be done in the other world, higher planes,
in ten times as long.

(Sant Kirpal Singh)

ruhanisatsangusa.org/lok/god-enter.htm

The more you are developed while living here,
the more of the inner journey is covered in the Beyond.

(Sant Kirpal Singh)

ruhanisatsangusa.org/wayof.htm



How long will you worry about this vicious world?
How long will you fret about your body?
The worst this world can do is to take away this cesspool of a prison
your soul is trapped in. Is that why you are worried?
(Shaikh Abu-Saeed Abil-Kheir)



Lord, remind me how brief my time on earth will be.
Remind me that my days are numbered,
and that my life is fleeing away.
(Psalm 39:4)

I beg You, Beloved Master,
come to me at the last moment and meet me in death.
(Mirabai)



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