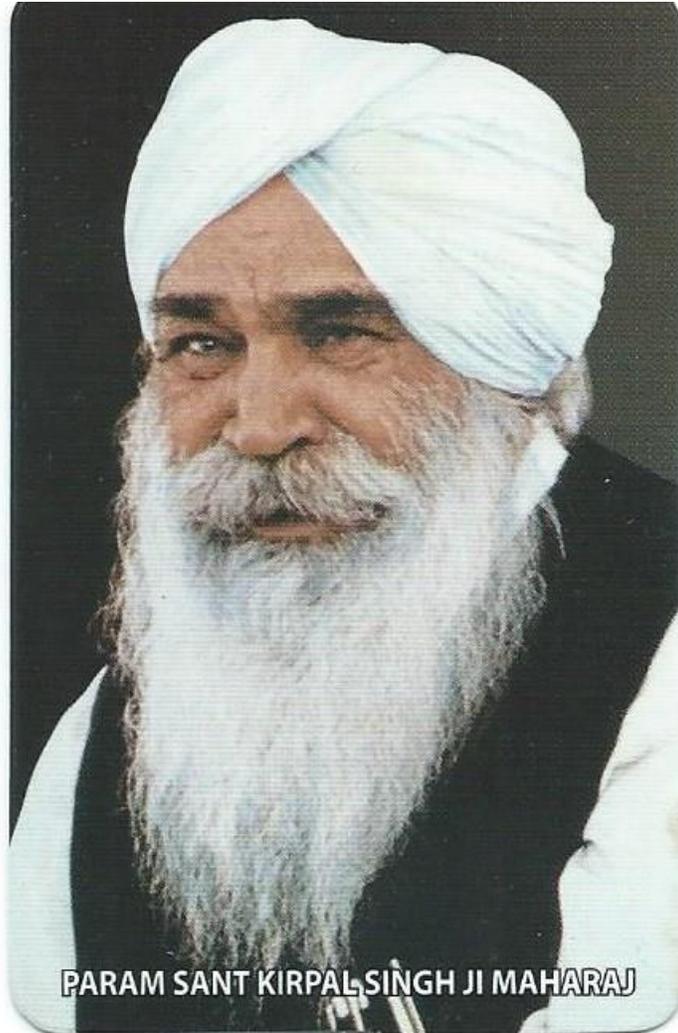


How to Develop Love and Faith in the Master



A disciple then said,
“I just want to pray to you that I develop more love and faith in you.”
Master told him, “That love will sprout forth when you come in contact
with Light and Sound Principle - or sweet remembrance of the Master.”

(ruhanisatsangusa.org/ldarshan.htm)



How to Develop Faith in the Master

Sant Kirpal Singh

1. Personal Experience of Master's Positive Influence in Your Life

Disciple: How does faith in the Master-Power develop?

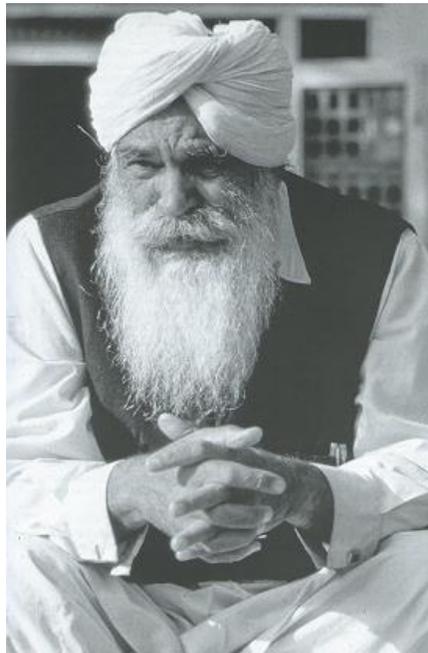
Master Kirpal Singh: By regular practice. Faith is, I would say, the root cause of religion. For faith you must have something to stand on.

Some people are in the make already, they have that grown already. Others have to form faith in due course, not all at once. So it's better when you see you are helped by Master in all your affairs; when you see some improvement in your inner way. First, when you see quite impossible things are made very softened down, naturally faith arises. Faith is the root cause of all religion. If there is no ground, where will the building stand?

First, you have to take it as an hypothesis, then you must benefit regularly by seeing or by experiencing your faith. The Masters say: "Don't believe unless you see for your own self what is what." The more you come in contact with Master, and the more you become receptive, the more faith you will have in Him. (ruhanisatsangusa.org/lok/hunger.htm)



The faith of some in their Master is confirmed when a disciple is saved miraculously from some danger. A favorable response to the prayers made to the Master confirms faith in others. There are others who have book knowledge and are satisfied by the examples of others, so they get confirmation that way. Masters have the knowledge of measuring the capacity and range of everyone's intellect and bestow faith accordingly. (*The Teachings of Kirpal Singh, Book Two: The New Life in God*)



He who has not experienced the true inner connection with his Guru will not have such strong faith, for faith is built on knowledge. (ruhanisatsangusa.org/tghp.htm)

2. Develop Receptivity

Disciple: Some people...

Sant Kirpal Singh: No. Don't talk of anyone else please, don't be the spokesman for other people. Speak on your own part.

Disciple: I can't feel perfectly sure in the Master.

Master: That's all right.

Disciple: Whereas other people seem to be able to.

Master: Others who seem to be sure in the Master might have had some inkling of who He is if they are devoted. Naturally the devoted have got more. Some gift has been given even to those who are not devoted, but they have not utilized it. Those who have become receptive, can say more. Those who have not become receptive, will surely not talk in the same words as those who have developed receptivity.

You see, one third of Master's teachings is given by word of mouth, a gift given, and two thirds comes by receptivity. You are wanting there. Some have more experience than others; the same Christ darshan was given to Judas Iscariot and other disciples, yet Judas Iscariot betrayed Him. That was the difference between their receptivity. When He asked, "Do you know who I am?" Some said, "You are the son of a carpenter, such and such, such and such." And Simon said, "You are the living Son of God." Then Christ said, "It is not you who has said this, it is my Father in you who has revealed these things to you." It is in the opening of awareness on the inner level where the difference is made. Some see He is God, walking on earth in man-body, because they have developed receptivity. Others say "no", but there's..., no... doubt about it. Do you see some light? [Questioner affirms.]

You may not recognize Him fully as Master (maybe half, quarter, but more than you.) But in this line He knows more than you. You may not be 100 percent sure that He is Master, maybe only ten percent, but at least He knows more than you about this Way. You got something. Then develop receptivity to know more, that's all...

Live up to what you're told to do. Keep your diary. Put in regular time and you'll develop. You might then see more than others, if you are regular. There's hope for everybody. Always come with an open mind, everything can be said, you see. One who knows better, sees better, and is more receptive,...then...naturally, there's a vast difference between his statements and statements from one who doesn't see.

Always bring your thoughts to me. Never be afraid of me. I am a man like you. Come with any difficulty, with no reservations. Man learns and unlearns all through life. You must at least take Him as your elder brother, knowing more than you. Take Him as a father, elder brother, a friend at least, and nothing more, and live up to what He says.

I never told you to take me as God. Did I tell anyone? Not even in my books. You people defame me, I would say, if you tell others I said I am God-in-man. When you see, you may say. Even then, I say, it is not due to me; it is but my Master within me. It is His Grace working...

So Simon said, "You are the living Son of God." That was due to his receptivity. Develop more and more. He never tells you to take Him as more than a son of man. He comes to you, man to man, as a son of man first. When you go within, He comes to you as a Radiant Man. Still further as a Word Man. These are stages. When we have to talk to the primary man, we are to talk from his level, not from the college level. So be regular in your meditations, keep your diary, develop more and more from day to day.

Once somebody asked me about my Master when I first went to Him. "How do you take your Master? How high is He?" I told him, "I don't know how high He is, but that much I do know, He is MORE than I wanted." Truthful things you see. "He is far more than I wanted." That's how you can take Him in the beginning, can you not? And I now see it is God working within Him and that is His Grace. Start from the level of man, God will help you.

(ruhanisatsangusa.org/lok/faith.htm)



As a matter of fact, no one can know or find a true Master unless and until the Master is pleased to reveal his own identity himself to the innermost satisfaction of one desiring to confirm his faith in the Master. This is done according to the extent of one's receptivity, and to the degree that his capacity to understand and his love entitle him. It depends wholly on the kindness and sweet mercy of God through a Master. Some are given clues according to their desires. (*The Teachings of Kirpal Singh, Book Two: The New Life in God*)

How to Develop Receptivity

To get the full benefit of the Master Power, the disciple must develop receptivity. It is impossible to develop receptivity until implicit obedience is given to the commandments of the Master. (ruhanisatsangusa.org/receptiv.htm)

So receptivity is important for success in all phases of life, both mundane and spiritual. First, one must lead a God-like life; second, the spiritual diaries must be maintained in the accurate way...and third, you must learn to develop receptivity. If you succeed in the first two, the third will follow of itself. (ruhanisatsangusa.org/receptiv.htm)

The more time that you can spend in the company of a Saint the better. Even if you are not in the direct company of a Saint, you can benefit by sitting in your rooms, even at far off places, by developing receptivity. That receptivity comes only when everything between you and the Master is removed, though maybe at thousands of miles away. Nothing should stand between you and the Master, neither worldly things nor even your body or mind. Simply sit sweetly and you will develop receptivity. (*Morning Talks, ch. 30*)

As I told you, spirituality cannot be taught but caught by becoming more receptive. You can only become receptive through love. The man who has love, even while sitting with thousands of people, he still remains all alone because his whole attention is riveted on the Master with whom he is concerned. This is the way that you can develop receptivity. (*Morning Talks, ch 27*)

And further, sweet remembrance develops receptivity. When nothing remains between the Master and the disciple, he becomes the mouthpiece. Like wireless telegraphy, they tick here and the very ticking goes across the ocean. (*The Light of Kirpal, page 374*)



3. Meditate on the Inner Light and Sound

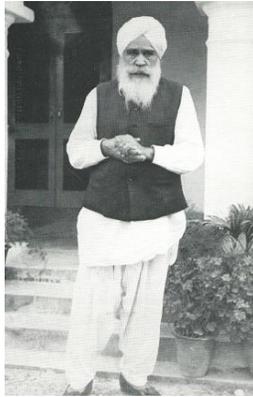
Meditation is most necessary, for only by meditation will all things come of their own accord.
(ruhanisatsangusa.org/thief of.htm)

When you come in contact with Light and Sound Power within, you have not to adopt any virtues, but everything, all virtues, will come within you of themselves.
(ruhanisatsangusa.org/lok/occupied.htm)

4. Pray to the Master for the Gift of Faith

Godman or Sant Satguru is the right person to be approached in the first instance and to whom all our prayers should be addressed. Faith is the keynote of success in all our endeavors. We must, then, have firm and full faith in the competency of the Master. With love and humility we must make an approach to Him if we want to make a beginning in Spiritual Science. Ye must pray to Him sincerely from the depth of our heart. (ruhanisatsangusa.org/pdf/Prayer.pdf)

The instinct of love cannot come into play unless one sees the Beloved. As long as we do not see Godhead or the glory of God, we cannot have any faith in the existence of God; and without this all prayers go in vain. But Guru or Godman is the abode of God's Light and is a radiating center of the same. We can pray with equal efficacy to the Master, who is at one with God. Connected as He is with the Powerhouse behind Him, He is equally competent to grant our desires and fulfill our wishes. (ruhanisatsangusa.org/pdf/Prayer.pdf)



Look here, faith comes only as a result of the reaction of the past; or if you see something...
So blind faith does not help you, only to a certain extent, not beyond.
(Sant Kirpal Singh, ruhanisatsangusa.org/lok/first see.htm)

The value of authority or belief to a believer lies in making an experiment on the lines recommended by authorities and testing this belief. If the result comes out to be as expected, the belief becomes a fact to the experimenter.
(Baba Sawan Singh, *Spiritual Gems*, Letter 116)

It (Sant Mat) is a liberal system and does not stifle opinion or insist on blind belief. To start with, it asks you to accept some fundamental concepts, only by way of a working hypothesis... We do not force conviction upon anybody. We like the conviction to grow from within as a result of one's own personal experience.
(Baba Sawan Singh, *Spiritual Gems*, Letter 103)

Belief and Faith

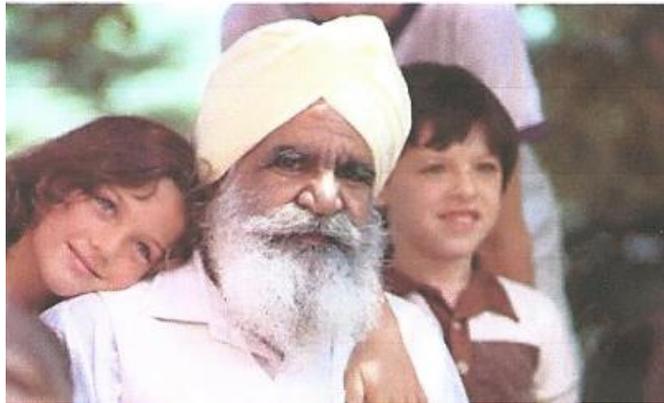
Sant Darshan Singh

Belief is an elementary thing. If you believe in something, it may turn out to be true or it may not turn out to be true. You start out with belief in something – you may believe in it ardently – but to have faith in it is something quite different. Faith comes from, and is based on, personal experience. Belief is based on scriptural lore, or on what preachers and ministers of the Church tell us. But faith is born out of a direct personal experience, particularly in spiritual matters.

Belief, of course, has its place on the spiritual Path. It helps to kindle the fire, the desire for God. When we read the various scriptures, or hear people talking with awe and affection in this vein, our belief naturally increases. But our belief is converted into faith only when we actually experience the same thing we have heard or read about.

To believe in God is one thing, but to have absolute faith in His divine glory is another. Faith is the root cause of religion. But blind faith cannot take the place of true faith. When we are put on the Way by a competent Master He tells us that seeing is above all; it is above feelings, emotions and drawing inferences. Saints go to the extent of saying, “Unless you see with your own eyes, do not believe the words of the Guru.”

So true faith is always based on firsthand personal experience. When we see something of the divine inner Light and hear the Music of All-harmonies, the Ringing Radiance as Buddha called it, our belief is transformed into faith. And then by regular practice, our faith increases as we progress on the Path – the more inner contact, the greater the faith. (*The Secret of Secrets*, ch 17)



Our regularity in meditation and the amount of our leisure time we spend in sweet remembrance of the Master is directly proportional to the extent of our passion, zeal, love, and eagerness to reach our goal in the least possible time.

(Sant Darshan Singh)



The rewards of a life of faith and devotion to God are love and inner rapture, and the capacity to receive the Light of God.

(Rumi)

Hazur Baba Sawan Singh

Your “Elder Brother” is within you, occupying the right bright half of the eight-petalled lotus in Anda. He is there to receive you and awaits your arrival there to lead you onward. So long as the devotee has not reached that far and has not seen Him, his faith in the Elder Brother, Friend, Guide, Master, or Guru — no matter by which name He is called — is shaky. The faith matures only after seeing this Form of the Master. By the time the devotee reaches this stage, he too has shaken off the growth of material bonds and sensual, low desires from his mind. (*Spiritual Gems*, 25)



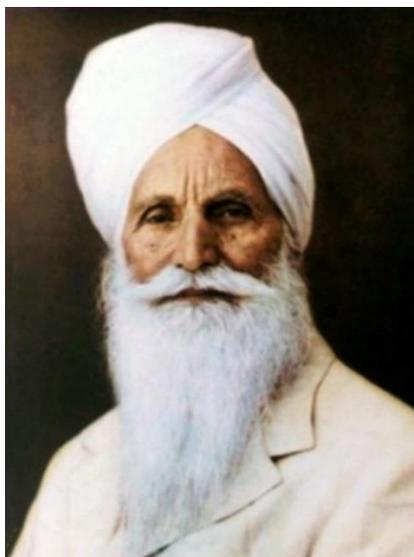
The nature of the mind is fundamentally negative. Although this negation decreases as we rise up, so subtle is its working that great Rishis, Sufis and Prophets willingly and joyfully gave themselves up into its arms and played to its tunes. All the creation in the physical, astral and causal planes is held bound — hands and feet — by it. At times it cannot only lose faith and find fault with the Master, but will easily go to the extent of even denying Him. This is due to the effect of bad karma. When the period is over, there is an awakening again. Such happenings are not unusual with the devotees. All the travelers in this journey experience such shakes, which are helpful, in a way, in putting them back on the road, the repentance giving a push and becoming instrumental in making them go ahead. (*Gems*, letter 114)



Do not lose heart but fight courageously. The battle has just begun. Mind is not stronger than the Sound Current. The Master is with you. He is watching your every movement. He is prepared to fight your battles with you. Take Him as your helper. Have faith in Him. Fight the mind and you will succeed. (*Gems*, 210)



The determination and faith should be so strong that even if nothing comes out of it until the last moment of life, there is no wavering of faith. (*The Dawn of Light*, letter 66)



Refresh your faith, but not with talking. You have secretly refreshed your desires.
As long as desires are fresh, faith is not; for it is these desires that lock that gate.
(Rumi)

Patience is crowned with faith: where one has no patience, one has no faith.
The prophet said, "God hasn't given faith to anyone in whose nature there is no patience."
(Rumi)

What good is it, my brothers, if a man claims to have faith but has no deeds?
Can such faith save him? Suppose a brother or sister is without clothes and daily food.
If one of you says to him, "Go, I wish you well; keep warm and well fed," but does nothing
about his physical needs, what good is it? In the same way, faith by itself,
if it is not accompanied by action, is dead.
(New Testament: James 2:14-17)

As the body without the spirit is dead,
so faith without deeds is dead.
(New Testament: James 2:26)

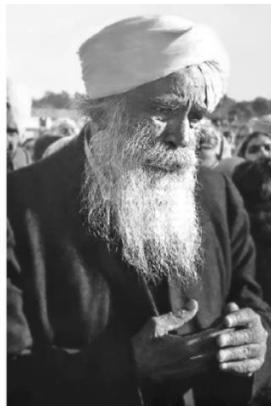
Everything is possible to one who has faith.
(Jesus Christ)

Faith must have adequate evidence, else it is mere superstition.
(Archibald A. Hodge)

The idea of faith is often misunderstood by people, because they associate it with those who are
ignorant, uneducated, and who have no power to investigate for themselves.
But faith is not blind belief. It is never well-founded until it is based on experience.
(Paramananda)

Love is an act of faith,
and whoever is of little faith is also of little love.
(Erich Fromm)

And without faith it is impossible to please Him,
for whoever would draw near to God must believe that He exists
and that He rewards those who seek Him.
(The Old Testament, Hebrews 11:6)



How to Develop Love for the Master

Sant Kirpal Singh

1. Meditate on the Inner Light and Sound

Question: How can I develop love for you, Master?

Master: Love for me, or the God in me? For whom would you like?

Disciple: For the God in you.

Master: That's all right. That's good. That is within you too. The more you come in contact with Him, love will overflow. You see, love will overflow. Constant remembrance or sweet remembrance also helps. The God in me is also the God in you. Only here it is a little more, what do you say, exorbitant. Simply turn your face there; you will find. The more you come in contact within, you will overflow with love; and outwardly, have sweet remembrance. When you remain in contact with the God-into-Expression Power within you - (that very Power which is Word-made-Flesh); naturally love will flow. Outwardly have sweet remembrance, you see. The diary is for that purpose. Every time confession is there: Every time you do "Oh," you remember. So He is there, your true friend who will never leave you until the end of the world. There should be some excuse to remember, that's all: Maybe in anyway. (*The Light of Kirpal*, pages 396)



Question: Maharaj Ji, what can we do or what must we do in order to increase in us the feeling of love?

Master: Love is already ingrained in you. Simply withdraw from outside and it will develop; or get in the company of those who have love, and it comes by radiation. The more you come in contact with the Light and Sound Principle, which is love personified, the more you come in touch with that, the love in you will flare up. And the outward company of those who are lovers of God will give you a very great impetus. (*Sat Sandesh*, March 1976, page 3)



Question: How can a Satsangi who has never met the physical Master develop deep love for the Master?

Master: Do you know the definition of a Master? Do you know what He is? Do you understand what a Master is?

Disciple: God in the flesh.

Master: That's all right, or Word made flesh. He has got another aspect, as son of man. So if He's Word made flesh and you are given a contact with the Word within you, the outer expression of which is Light and Sound, the more you come in contact with that, Master will appear of itself, because He is Word made flesh. Do you follow? So the only difficulty is that we are not fully devoted to meditation. The Light and Sound principle are the two outward aspects of Word. "Thy Word is a lamp unto my feet," is it not? The longer you come in contact with That, naturally love will overflow, and even manifest, even if you have not seen Him. Do you follow? (*The Light of Kirpal*, page 374)

2. Keep the Sweet Remembrance of the Master

How is real love developed? If you love somebody, you will naturally have sweet remembrance of him always in your heart. If you want to develop love, then just have sweet remembrance of God all the day and night. (*Morning Talks*, Ch. 6)

How can this love be developed? It is not grown in fields or sold in shops. There are only two ways to develop love. One way is to sit beside one who is love, from whom you will catch an infection of that love. From life, so is life created. A glimpse of love can be seen only in a true lover's eye. These things are mentioned in books, but words cannot really express what love is. The other way to develop love is through remembrance. If one loves someone, one cannot forget that person; his face is always before the vision, in the heart, in the mind, even vibrating in one's blood as it runs through the veins. One should remember Him so much that one can never forget Him, and that constant remembrance will drag one to Him. The overpowering yearning to meet the Lord grows into a oneness, a blending with Him. (ruhanisatsangusa.org/pdf/Teachings.pdf)

So all these outward practices, reading of scriptures, are meant only for what? That the desire to see God, love for God should develop. What is the criteria of love of God? Whom you love, He is always in your heart. You never forget Him. If you want to love God, then what should you do? You should remember Him every second of your life, never forget Him. When you love somebody, naturally constant remembrance of that person remains in your heart. You wish to have love for that person and naturally, if you have constant remembrance of Him and keep Him in your heart, that will result in love. (*Morning Talks*, Ch. 6)

3. Develop the Attributes of the Master

So if you want to develop love for somebody, just develop the qualifications or attributes which are within Him. At the very time of developing them, you will be remembering the very same qualifications that are within Him. That will act in two ways. If you keep somebody in your heart, you will reside in the heart of Him whom you are remembering. At the very time of developing that qualification or attribute, you are also remembering Him, and that will attract Him. So this is the first thing required. (*Morning Talks*, ch 9)

So this is how we can develop love for the Master, for the God in Him. The attributes that He has developed in Him, you should try and develop in you. What are they? He wants love, no show, strict obedience to what He says. Once He says something, obey Him. Obey Him literally. (*Morning Talks*, ch 9)

4. Look Into the Eyes of the Master

Love can be developed in many ways but the most effective way is through looking at the Master, into the eyes of the Master. Eyes are the windows of the soul. The Master is always within at the eye focus, so when you talk to Him you should always be attentive there. He is also attentive when He talks and soul speaks to soul. The Master gives lessons through the eyes without talking. He is overflowing with the love and intoxication of God, and the radiation comes through His eyes very strongly. Those who are embedded in His eyes by receptivity get a boost. There are other means too but this is the most effective. (*Morning Talks*, ch 9)

When you happen to go to a Master, just embed your attention into His eyes. Because He is overflowing with the love and intoxication of God, that comes direct to you. With the overflowing love in Him, what words cannot convey, His eyes can convey. Those very impressions go into the heart and wherever you sit you will enjoy that sweetness. This is how love develops. (*Morning Talks*, ch 9)

This as I have told you can be developed first by reading scriptures, by performing certain rituals, but first rate success will be had when, second, you come across somebody who is overflowing with the love and devotion of God. The company of such a person is called Satsang. He is the mouthpiece of God. He will be able to open your inner eye to see the Light of God. True love arises only when you see Him. Until you see Him for yourself, you must have the society of somebody who is Word made flesh. That comes first and precedes God. So the best way to develop love is to meet somebody who is overflowing with the love of God. (*Morning Talks*, Ch. 6)

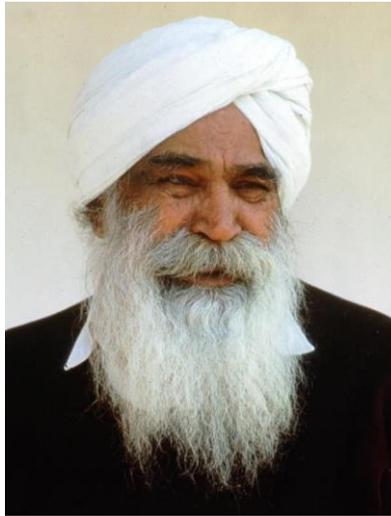
5. Pray to the Master for the Gift of Love

Beg from the Lord and the Guru their Divine Vision, complete self-surrender and the gift of Naam. Pray also to be saved from the evil tendencies of the mind and the senses. Being omnipotent, He is capable of granting us all these boons. Besides this, the seekers may pray for the gift of happily resigning to His sweet Will. (ruhanisatsangusa.org/pray/pray_23.htm)

Prayer must arise from the depths of the soul. It should not be a vain repetition of empty words with little meaning in them. What we pray for we must really wish for, not only intellectually but from the very core of our being. It must churn the very soul to its depths and the music of prayer should come out and tingle from the very nerves, tissues and fibers of the entire frame making us unmindful and oblivious of everything else beside the sweet music of the soul. (ruhanisatsangusa.org/pray/pray_14.htm)



This relationship of love between the Satguru and His shishya, the Godman and His disciple, covers many phases and many developments. It begins with respect for one knowing more than oneself. As the disciple begins to appreciate the Master's disinterested solicitude for his welfare and progress, his feelings begin to soften with the dew of love; and he begins to develop faith, obedience and reverence. With greater obedience and faith comes greater effort, and with greater effort comes greater affection from the Master. Effort and grace go hand in hand; and each, in turn, helps in development of the other. Like the mother's love for her children is the love of the Divine Shepherd for His flock. It does not discriminate between the deserving and the undeserving; but like the mother, the depths and treasures of His love are unlocked only to those who respond and return His love. (ruhanisatsangusa.org/pdf/SuratShabdYoga.pdf)



Those who have love for God, or the God-in-man, well, this is a relation between you and the God in Him and nobody else. You have to develop it. For that you must have perseverance. It takes time. The work of the servant is to do work, that's all. It is for the Master to see what He has to give to him. (*Morning Talks*, ch 38)

To have a ruling passion for an objective and to work hard for achieving the same is the right type of prayer in the truest sense of the word. Effort should be combined with prayer, for mere lip service to reach the goal will not help much. In all sincerity one should pray and indeed the very striving for a thing with heart and soul is the greatest prayer and is bound to fructify. (Sant Kirpal Singh, ruhanisatsangusa.org/pray/pray_05.htm)

Love is the supreme law with the Masters. Love knows service and sacrifice. Those who sacrifice their lives at the altar of love are blessed with infinite bliss and harmony. Love begets love. Loving faith and loving devotion for the gracious Master-Power are the central theme of the sacred teachings of the Masters. (Sant Kirpal Singh, *Spiritual Elixir*, 122)

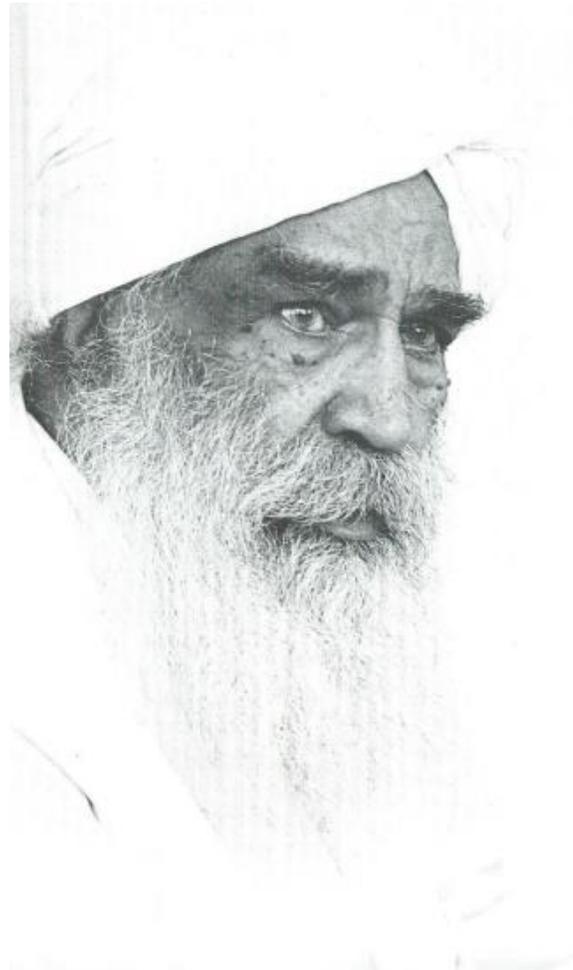
The Master is your constant companion extending all feasible love, grace and protection. The further you progress inside, the more elated you will feel and your faith and love for the Master will grow stronger. (Sant Kirpal Singh, *Spiritual Elixir*, 185)

The Master holds the disciple through thick and thin. It is the Divine Way. Never let faith and love in Him falter. The Master never leaves the disciple until the latter reaches the True Home of his Father. (Sant Kirpal Singh, *Spiritual Elixir*, 217)

When we are away from the Master and the Satsang, the world imperceptibly impresses itself on us so much that, in spite of our regularly giving time to Simran and Naam, we often begin to feel discouraged, dry and desolate. In such a state faith and love are our support, and if faith is firm, the Master responds. (Baba Sawan Singh, *Spiritual Gems*, 117)

Faith and love. Faith like a child's faith in his mother, like a child running from a lion into the arms of his mother. The child has full faith that the mother won't let him be harmed. So much love that all other attachments are forgotten. Do you follow what I say? (*The Light of Kirpal*, page 278)

A person in whose heart love for the Master has been bestowed by God is really fortunate, because love for the Master is the method by which we come to love God. (Sant Kirpal Singh, santmat-thetruth.de/index.php?option=com_book&book=3886&page=111)



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