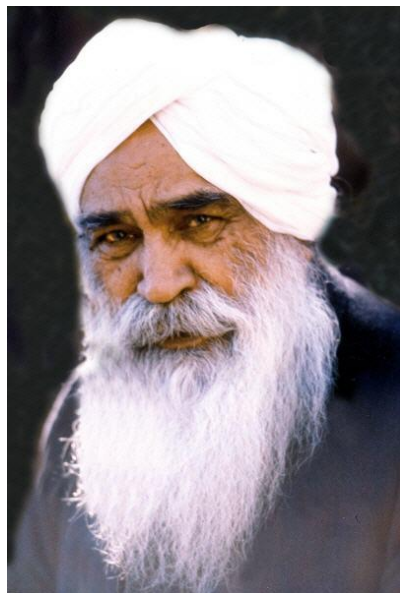
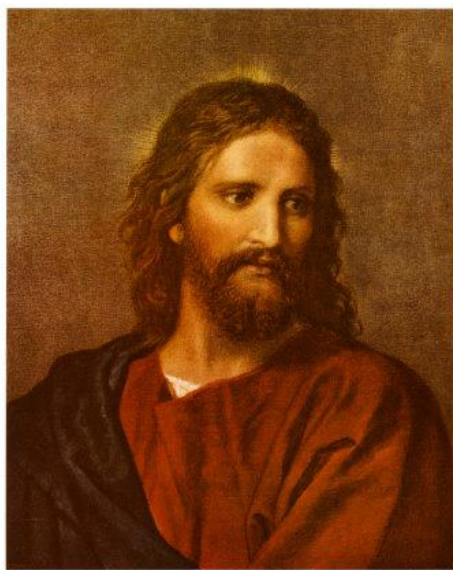


# The Right Understanding

(The First Step on Buddha's Eight-Fold Path to Liberation)

of

## Jesus Christ & Christianity



by

Param Sant Kirpal Singh Ji Maharaj

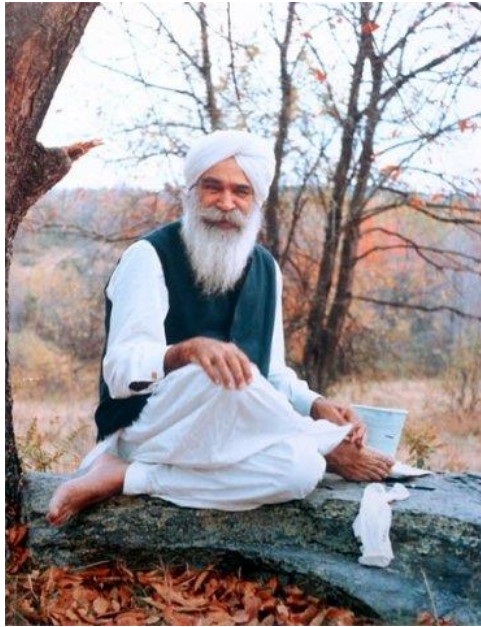
From His Talks & Writings

and

Letters from Baba Sawan Singh



## Sant Kirpal Singh Ji



“Sant Kirpal Singh Ji was born on February 6, 1894; had inner experiences from an early age; became a disciple of Baba Sawan Singh Ji of Beas in 1924 (after seeing him within for seven years); lived the life of a householder with a wife and family, holding down a high government job, while sitting six or seven hours a day in meditation; was entrusted with the Guruship by his Master when the latter left the body in 1948; and, after initiating 120,000 disciples, departed from the physical plane on August 21, 1974, leaving behind him the memory of a Saint who lived up to what he preached and who was the absolutely genuine embodiment of peace, truth, love, strength and gentleness. Many of us still wonder what we could ever have done to deserve the great good fortune of having had the company and felt the love of such a one – a cosmic companion of the great ones of the past, who showed us by his life what human beings are supposed to be.” (From the book *The Light of Kirpal*)

“Sant Kirpal Singh was the towering spiritual figure of his time: a giant of Biblical proportions, whose remembrance lives on forever in the hearts of those who knew him... His reputation as an absolutely authentic spiritual Master grew and grew, and he expanded his mission constantly, making three world tours (1955, 1963-64, and 1972).” (*The Coming Spiritual Revolution*)

In 1957 he was elected the first President of the World Fellowship of Religions, an organization recognized by UNESCO, comprising representatives from all the major religions of the world. He held that position until 1971, having presided over four World Conferences.

In 1962 he was the first non-Christian to be vested with The Order of Saint John of Jerusalem (Knights of Malta) for his spiritual and humanitarian mission. ([https://en.wikipedia.org/wiki/Kirpal\\_Singh](https://en.wikipedia.org/wiki/Kirpal_Singh))

Sant Kirpal Singh wrote numerous books and articles on every aspect of spirituality.



From *The Crown of Life*  
Chapter Six: The Essence of Religion

Jesus Christ was essentially a man of the East, and his teachings are imbued with oriental mysticism. It is even speculated that he spent many of his early years (on which the Gospels are silent) in India, and learned much from the Yogins and the Buddhist monks in his travels from place to place. He perhaps even started his teachings right in India and may have had a foretaste of persecution from the Brahminical order and the so-called high class social circles for his catholicity of vision, for he did not believe in class barriers and preached the equality of man.

(Cf. Nicholas Notovitch *The Unknown Life of Christ*, Chicago: Indo-American Book Co., 1894.)

His contribution to the religious thought of the world may be seen in the emphasis he laid on the need for universal love, and the Kingdom of God within man; the two cardinal principles known to the ancients long before, but forgotten and ignored in practice.

*Think not that I am come to destroy the law or the Prophets;  
I am not come to destroy, but to fulfill.*

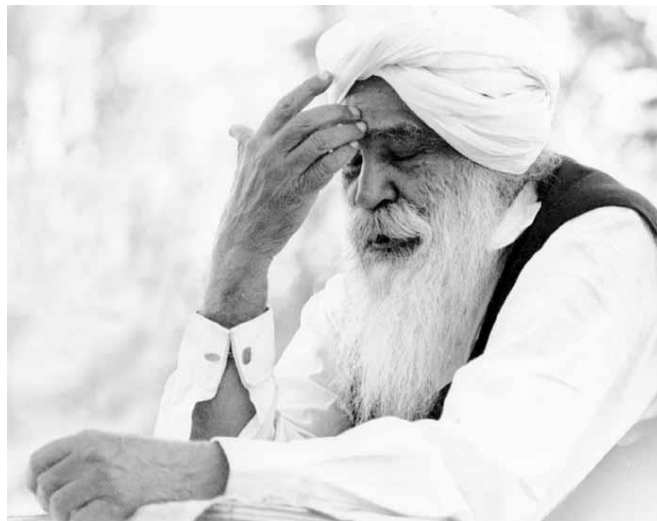
(MATTHEW 5:17)

Let us examine some of the pertinent sayings which reveal that Jesus was conversant with the ancient religious thought and practiced the Path of the Masters of the Audible Life Current, sayings which are often ignored or misconstrued by those studying his teachings today:

*The light of the body is the eye;  
if therefore thine eye be single, thy whole body shall be full of light.  
But if thine eye be evil, thy whole body shall be full of darkness.  
If therefore the light that is in thee be darkness, how great is that darkness.*

(MATTHEW 6: 22-23)

Obviously, "the eye" refers to "the single eye" and the words "if thine eye be single," mean concentrated awareness within at the center between and at the back of the eyes. Again, the words "if thine eye be evil" refer to a state of mental dispersion without, as opposed to concentration within, and the result will certainly be "darkness"--darkness born of ignorance about the true and real values of life, for this is the greatest ill of the soul.



St. Luke then sounds a note of warning when he says:

*Take heed therefore, that the light which is within thee be not darkness.*  
(LUKE 2:35)

*What I tell you in darkness, that speak ye in light;  
and what ye hear in the ear, that preach ye upon the housetops.*  
(MATTHEW 10:27)

Here are the words of advice from Jesus to his elect, the chosen few, viz., to carry to the people openly (in light) the significance of what they heard in "darkness," that is in secret meditation, and to tell of the divine melody that they heard in the ear by means of transcendental hearing.

*But hearing, ye shall hear, and shall not understand;  
and seeing ye shall see, and shall not perceive.*  
(MATTHEW 13:14)

The idea conveyed is of the esoteric nature of the spiritual science which can be experienced in the depths of the soul in the human laboratory of the body, and cannot be understood on the intellectual level or the level of the senses.

St. Matthew then goes on to explain the matter:

*For verily I say unto you,  
that many prophets and righteous men desired to see those things which ye see,  
and have not seen them; and to hear those things which ye hear; and have not heard them.*  
(MATTHEW 13:17; LUKE 10:24)

In clear and unambiguous words, we have a reference to the inner spiritual experience, a realization of the Kingdom of Light and Harmony, which a real Master like Jesus could make manifest to his disciples.

Like other seers, Jesus gave a mystical experience to his sincere disciples. To the multitude, he always talked in parables, like those of the mustard seed, the fig tree, the ten virgins, etc., with which the Gospels abound.

In a picturesque parable, he explains the sowing of the Word in the hearts of the people, and tells us that the Word sown by the wayside is generally stolen by Satan from the heart; that the Word sown on stony ground takes no roots, endures for a while and is washed away by the afflictions and persecutions for the Word's sake; that the Word sown among thorns is choked by worldly cares, deceitfulness and lusts of the flesh, and finally, the Word sown on good ground, such as those who hear the Word and receive, brings forth fruit (Mark 4: 14:-20).

The Path that Jesus taught is one of self-abnegation and of rising above body-consciousness, a process which is tantamount to the experience of death-in-life.

Then Jesus said unto his disciples:

*If any man will come after me, let him deny himself, and take up his cross, and follow me.  
For whosoever will save his life shall lose it; and whosoever will lose his life for my sake shall  
find it. For what is a man profited, if he shall gain the whole world and lose his own soul?  
Or what shall a man give in exchange for his soul?*

(MATTHEW 16:24-26)

It means one has to sacrifice the outer man, consisting of the flesh and the carnal mind, for the sake of the inner man or soul. In other words, he has to exchange the life of the senses for the life of the spirit.

Again, the love of God is to be made a ruling passion in life:

*Thou shalt love the Lord thy God  
with all thy heart, and with all thy soul, and with all thy mind.*

(MATTHEW 22:37)

St. Mark goes further and adds, "*and with all thy strength*" (Mark 12:30).

This is the first and great commandment. And the second is like unto it:

*Thou shalt love thy neighbor as thyself.  
On these two commandments hang all the law and the prophets.*

(MATTHEW 22:37-40; MARK 12:30-31; LUKE 10:27)

The principle of love is still further amplified as follows:

*Love your enemies, bless them that curse you, do good to them that hate you,  
and pray for them that despitefully use you, and persecute you.*

(MATTHEW 5:44)

*And why all this?--in order to gain perfection in the likeness of God:  
Be ye therefore perfect as your Father which is in heaven is perfect.*

(MATTHEW 5:48)

In St. Luke, Chapter Three, we are told that "the Word of God came to John, son of Zacharias, in the wilderness," and John while preaching the baptism of repentance for remission of sins, told the wondering crowd:

*"I indeed baptize you with water; but one mightier than I cometh...  
he shall baptize you with the Holy Ghost and with fire"*

(Luke 3:2-3, 16)

We have to mark carefully the words "baptize by the Holy Ghost" and "fire," for one refers to the heavenly music (the Holy Word) and the other is symbolic of the heavenly Light, and these are the twin principles of Sound and Light, the primal manifestations of Godhead, or God's Power behind the entire creation.

The way to the Kingdom of God can be opened unto him who knows how to "ask" for it, how to "seek" it out and how to "knock" at the gate. In these three simple words, St. Matthew in Chapter Seven and St. Luke in Chapter Eleven have summed up what the aspirant has to do.

Unfortunately, we do not yet know where the gate to be knocked at lies. Guru Nanak also emphatically declares: *O ye blind, ye know not the gate.*

About this gate, St. Matthew tells us:

*Enter ye in at the strait gate...  
Because strait is the gate, and narrow is the way, which leadeth unto life,  
and few there be that find it.  
(MATTHEW 7:13-14)*

It is essentially a path of conversion, for no one can enter into the Kingdom of God unless he is converted and becomes as a little child (Matthew 18:3), i.e., leaves off his vanities, becomes meek, pure, simple and innocent like a little child. St. Luke elaborates on this theme in Chapter 18:15-17, for when the disciples rebuked them that had brought infants along, Jesus called them unto him and said,

*"Suffer little children to come unto me, and forbid them not, for of such (like-minded) is the Kingdom of God. Verily I say unto you, whosoever shall not receive the Kingdom of God as a little child shall in no wise enter therein."*

In St. John, Chapter One, we come to an elaborate exposition of the teachings of Christ. He begins his gospel with the memorable words, the intrinsic significance of which few have cared to grasp:

*In the beginning was the Word, and the Word was with God, and the Word was God.  
The same was in the beginning with God. All things were made by Him; and without Him was not anything made that was made. In Him was Life; and the life was the light of men.  
And the Light shineth in darkness; and the darkness comprehended it not...  
That was the true Light, which lighteth every man that cometh into the world.  
He was in the world and the world was made by Him, and the world knew Him not...  
And the Word was made flesh, and dwelt amongst us.*

In the above statement of St. John, there cannot be any doubts about the nature of the Word. It is clearly the light and life of the world, the creative life-principle in which we live, move, and have our being. It is the Spirit of God, the very essence of the soul but now lost in the mighty swirl of the world and all that is worldly. It is only the contact with the Spirit that shows the way back to God and thus is the true religion. This contact is termed variously as the second birth, the resurrection, or the coming into life again. Addressing Nicodemus, a Pharisee and a ruler of the Jews, Jesus said:

*Verily, verily, I say unto thee, except a man be born again, he cannot see the Kingdom of God...  
(mark the word "see")*

*Verily, verily, I say unto thee, except a man be born of water and of spirit,  
he cannot enter into the Kingdom of God...  
(mark the word "enter")*

*Marvel not that I said unto thee, ye must be born again.  
(JOHN 3:3, 5, 7)*

Jesus compares the one born of the spirit with the wind which "bloweth where it listeth, for thou hearest the sound thereof, but canst not tell where it cometh, and whither it goeth" (John 3:8).

Elsewhere, he speaks of the holy Word as the "living water," the water that springs up into "everlasting life" (John 4: 10, 14).

Jesus speaks of himself as the "bread of life," the "living bread" come down from heaven; and asks his disciples to eat "the flesh of the son of man, and drink his blood," for without these, "ye have no life in you" (John 6).

These in brief are the essential teachings of Christ, the Master Christian, but not of institutional Christianity. Most of the Christian doctrines were formulated not by Jesus but by St. Paul, who turned Christ into the sacrificial lamb to atone for the sins of the world, and around this central idea, as borrowed from Judaism and the cults flourishing around the Mediterranean at that time, there has grown a mass of ritual and ceremony.

The tenets of Christ remain as excellent moral precepts and doubtlessly point the way to the inner realization, but cannot in themselves put the seeker on the path of realization, for they now lack the living impulse and the pulsating touch of the teacher, who having completed the job assigned to him in his own time, cannot now initiate and lead the people and make truth real to them by bringing them face to face with reality.

Of all the mystical teachings of Christ, we now find but the symbolic lighting of candles in the churches and the ceremonial ringing of the big bell at the time of service. Few, if any, know the real significance behind these rituals, which are the outward representations of the twin principles of Light and Sound, or the primordial manifestations of the Godhead, responsible for all that exists in the Universe, seen and unseen.

Some of the great church dignitaries, when asked, say that the bell is pulled simply to call men to prayer, and that to speak of God as the Father of Lights (James 1:17), is but a figurative form of speech to denote his greatest gifts (of the lights of reason and intellect). With hardly any experience of the inner truths, they take the words literally and try to explain things theoretically.

Jesus himself in no ambiguous words declared:

*I AM THE LIGHT OF THE WORLD:  
he that followeth me shall not walk in darkness,  
but shall have the light of life.*  
(JOHN 8:12)

To speak of oneself as the "light of life" can have no reference to the light of the sun, even though the solar light may in the physical world be a source of life-giving energy.

In Matthew 13:14, Jesus goes on to clarify the position and warns against literal interpretation of his words, when he draws the distinction between "hearing" and "understanding" and between "seeing" and "perception."

It is only the awakened souls, the Masters of Truth, in living touch with the Reality, who hold the key to the Kingdom of the Spirit and can draw forth an individual, now completely lost in the life of the senses, and rediscover for him the great heritage of all-life and all-light, for then it is said that,

*The eyes of the blind shall be opened and the ears of the deaf shall be unstopped.  
Then shall the lame man leap as an hart, and then the tongue of the dumb sing;  
for in the wilderness shall waters break out, and streams in the desert.*

(Isaiah 35:5-6)

How few of us really comprehend and appreciate the inner significance of the words of Jesus. We are content only with the ethical side of his teachings, which of course was a necessary accompaniment to the spiritual. The ethical tenets have been widely propagated and have even been assiduously kept alive, for they mark a great advance indeed in the moral scales of human values since the days of Moses. But by themselves, they fail to account for declarations like those about the "Day of Judgment," or "Repent, for the Kingdom of Heaven is at hand," or "God is Spirit and they that worship Him must worship Him in Spirit and in Truth."

If such sayings were to be taken in their literal sense, it would be to reduce them to meaninglessness. The "Day of Judgment" has failed to come, in spite of the prophecy of its proximity, and either Christ was speaking in ignorance or we have failed to comprehend his real meaning. There is behind whatever he said always an inner meaning that is clear to those who have had the same mystic experiences, but baffle those who attempt to interpret it in terms of intellect or even intuition.

Not having direct inner perception (not to be confounded with philosophic speculation or intuitive insight), we attempt to interpret the significance of the teachings left to us in terms of our own limited experience. What was meant as a metaphor we take as literal, and the super-sentient descriptions we reduce to metaphors.

We easily forget that when Jesus said that he was "the light of the world," the "Son of God," and one who would not leave or forsake his disciples even unto the ends of the world, he spoke not in his mortal capacity, but like all other great Masters, as one who had merged with the Word and become one with it. Forgetting this, instead of following him on the spiritual path he showed, we think of him as a scapegoat for bearing our sins and as a means of evading the inner spiritual challenge. (<http://www.ruhanisatsangusa.org/col/col-6a.htm>)



*While I am in the world,  
I am the Light of the world.*

(John 9:5)



# GOD POWER, CHRIST POWER, MASTER POWER

A talk given at the St. James Episcopal Church, Houston Texas on December 25, 1963

Dear Friends:

I have the great pleasure to address you on the evening of this day which is considered most sacred among the Christians. Today we are celebrating in sweet remembrance the Christ who appeared at the pole of Jesus.

Thousands of other men are born daily, in all countries, in all towns, but not very many remember their births and deaths; yet the lives of the Masters, so few in number, can never be forgotten.

Christ was born as Jesus. Jesus was the human pole at which the Christ-Power manifested itself, and the Christ-Power never dies. Once that Power takes possession of us or takes us under His care, He does not leave us. Christ said, "I am with you always, even unto the end of the world."

When I came here on my last visit in 1955, people asked me: "When is Christ returning?" I asked them: "Has he ever left you?" I quoted to them the very words: "I am with you always, even unto the end of the world." If he has not left us, then where does the question of coming back arise? The reason we ask these things is because, perhaps, we have not gone far enough into the mystery of Christ.

What was Christ? God-Power appears from time to time at the human pole to guide the child-humanity and give it the way back to God. The question is: who can give us the way back to God? No son of man can do it; God alone can lead us to God or give us a contact with Him. He has no equal; no brother, no father, no mother; and that God resides in every heart.

Thus, have you ever considered who is the one who points the way back to God and who at times refers to himself as - "I and my Father are one." "I am the Light." "I am the Way."

All Masters tell us that the incarnated Masters are all Children of Light. They are all Sons of God, and whoever follows them, meets God, for he is given contact with God. Masters have been coming from time to time; and to all intents and purposes, outwardly, they appear to be men. They were born the same way and their bodies are constructed the same way. What then is the difference between such a personality and the average man? It is in his being a conscious co-worker of the divine plan, for he sees it is the Father working through him.

Jesus asked his disciples: "What say you that I am?" Simon Peter answered, "Thou art the Son of the living God." Jesus told Peter: "No earthly power has revealed this to you, but my Father which is in heaven." Then again a disciple said: "It would suffice if they would be shown the Father." What did Jesus reply? He grew indignant and asked: "Have I been so long with you and yet you never saw that it was the Father working through me?" Then he went so far as to say: "whoever has seen me has seen the Father." And, "No one comes to the Father except by me." These statements are paraphrased from the Bible to make the purpose of them clear.

Christ is the God-Power or so-called Guru-Power which appeared as the son of man who was called 'Jesus'. During a talk I gave last month at the Unity Temple in Los Angeles, I expressed these thoughts and then asked the minister for his opinion, which I wanted to hear--not because I was doubtful, but because men are evolving and awakening to the truth.

He answered: "Who is Jesus Christ? God's Son made manifest to man to teach him and to show him the Way and the Truth and the Light. He came to show man how the Father would live if He were a man. He was God in man." Then he explained: "Jesus was the transcendent incarnation of God." And continued: "What is the difference between Jesus and the Christ? Christ existed long before Jesus. Jesus is the born man who perfectly manifested the Christ in himself, and Christ is the divine nature of this God-Man. Thus Christ, the spiritual human, existed long before his earthly birth."

Do you comprehend? The Christ-Power or God-Power or Guru-Power is the same, and manifests itself at the human pole to meet the demands of His children: those who feel hungry for Him, those who feel thirsty for Him. There is food for the hungry and water for the thirsty; demand and supply is the law of nature, and where fire burns, oxygen comes to help. When man has hunger for God in his heart, God manifests Himself at some human pole to guide the child-humanity. "No man knows the Father except through the Son and he to whom the Son reveals Him."

As I told you, this Christ-Power existed ever since the world began and has manifested itself from time to time at the human pole of the various Masters. We can recognize this fact through the study of comparative religions, where we shall find the same teachings given by the Masters of all religions and the same assertions made by them.

Someone told me on my last visit here that Christ is the highest since he had said: "I and my Father are one." "That's all right," I said, "but if other Masters also uttered the same words, how would you consider them?" I then quoted what other Masters had said in their own languages in their own times.

The fifth Guru of the Sikhs said: "The Son and the Father are dyed in the same color and the Father and the Son have taken up the same business."

The tenth Guru of the Sikhs said: "God ordered me, 'Go, I make you my Son to guide the child-humanity. ' "

Many others as well spoke the same. This is only to evidence that Christ lived even before he entered the sinless body of the mother. We have regard for that perpetual Christ-Power which existed before birth and continues after it, and for the Sonship that is perpetual. That Power lies in every heart and is revealed when a human pole at which the Power is manifest, meets us and gives us a contact with God. No son of man, no human, can do it, except the manifested God-Power in some human pole.

When we meet them, these human poles are competent to raise our souls from the bondage of mind and the outgoing faculties and to grant us contact within. Thus, we have regard for all human poles which give that Christ-Power its birth from time to time. We are, then, fortunate that we are gathered here on this blessed Christmas day.

What is the purpose of the celebration of such birthdays? The aim is to understand the teachings of the Masters, to revive those teachings and to see if we are following them. Blessed be all Masters. We are proud of them; but the question arises: are they proud of us? The true celebration of a great man's birthday is to understand his teachings and live up to them.

Christ said, "Because I live, you shall live also." Christ was able to give everlasting life. He referred to himself in our recorded Scriptures as: "I am the Bread of Life... This is the Bread which cometh down from heaven... If any man eat of this Bread, he shall live forever." God is Light; God is Life; God is Love. What was this Bread of Life he gave?

In another instance, Jesus went to a well to have a drop of water. He requested a Samaritan woman at the well, who was carrying a pitcher of water on her head, to give him some water to drink. Out of an inferiority complex, she said, "You people have no dealings with us; why then are you asking me for water?" Jesus answered: "If you knew who was asking for water, you would have asked for, and I would have given you the living Water of Life. This water which you carry quenches thirst for a while, yet one is again thirsty; but whoever drinks of the living water which I give, will never thirst."

Let us go a little farther into it. Who was Christ? (Blessed is the human pole at which Christ appears). He behaved like a man; He behaved also like God. He behaved like an average man and his greatness lies in this fact. In his grace, he behaved both ways--as a man and as God. St. John describes Jesus as, "The Word made flesh and dwelt amongst us."

What is Word? Word is definable as the Word which has made all heavens. St. John said, "In the beginning was the Word, and the Word was with God and the Word was God." That is the cause of all creation. In the Psalms, we find, "Thy Word is settled in heaven." This is what Jesus referred to as the Bread of Life which is come from heaven.

What is that Word and what is the outer manifestation of the Word which was personified and made flesh in the human pole of Jesus? The Psalmist said: "The Word is a Lamp unto my feet, and a Light unto my path." Jesus expressly said: "I am the Light of the World."

Do you follow now, how great he was? He was God-Power manifested in the human pole, and he had great regard for that human pole at which He was manifested, but he always differentiated between the son of man and the God-Father in him. This is no peculiar distinction in the case of Christ, because all other Masters, among them Guru Nanak and Kabir, expounded this same truth in their own languages.

Because we are not aware of the teachings of the other Masters, we think perhaps that the teaching of Jesus is the only truth. Truth, however, is one. Truth is clothed in Light. Truth is the Harmony--the Music of all harmonies. All Masters who came in the past referred to it. The Sikh scriptures contain the same assertion: "The Word was made flesh and dwelt amongst us", that I quoted to you. They said that the Word was personified in human form which guided the embodied souls and gave them contact back to God. I have respect for all human poles at which that Christ-Power dwells from time to time.

You will find very specific teachings from the Masters. They taught first of all that the highest aim of a man's life is God first, and the world next. We live, however, for the world first and God next, and we have faith in God only insofar as we get worldly things from Him. If sometimes for some reason or other we do not receive those things, then our faith is broken.

Jesus said: "Except a man be born again he cannot see the Kingdom of God... The Kingdom of God cometh not with observation... The Kingdom of God is within you." By observation is meant--ways which are related to the outgoing faculties. God is spirit and we must pray to God in spirit alone. God does not reside in temples made by man, but in the God-made temple of the man-body. Within that man-body temple, Jesus said: "Because I live, ye shall live also." He did not refer to the outer son of man, the perceptible body, but to the inner, which gave Light and was the way back to God through love.

God made man after His own image. God is all-consciousness and Light, and we are also children of Light. We are conscious entities, environed by mind and matter, and we are kept in the body by the God-Power controlling us. So long as that Power is in the body, we are functioning in it; when that Power is withdrawn, we have to leave it. Similarly, that very Power is controlling the whole universe and when it is withdrawn, dissolution and grand dissolution set in.

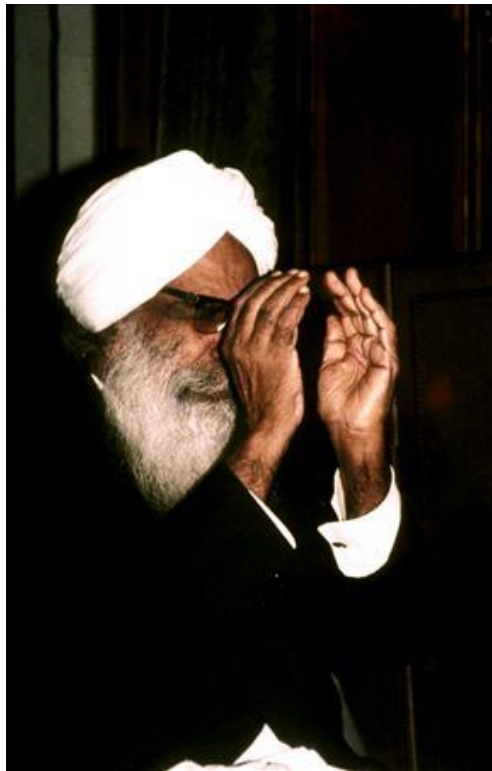
There is a maker of this universe; it did not just come about by itself. But the maker Himself is unchangeable, permanent, and the world created by Him, being made of matter, is changing and impermanent.

I would say that the best way to celebrate Christmas day is to celebrate the lives of these great Lights daily, with every breath. We do not miss or forget the lessons and the teachings they gave us and we should live up to them daily. We should see the same Christ-Power in ourselves. It is in everyone and it is to be developed through the help given wherever it manifests--call it by any name you like.

Jesus taught that the Kingdom of God could be had only by entering within the man-body or the true temple of God. (God is the controlling Power sustaining us in the body). The import of these teachings is that so long as we are in the body, we are identified with the body and outside things, causing us to forget our inner selves and fall under a grand delusion. How can we be liberated from this delusion?

The attention, which is the outward expression of our soul, is diffused in the world through the outgoing faculties. First we have to withdraw that attention within, and then rise above body-consciousness, above the senses. Only then can we be extricated from the grand delusion that we are the man-body instead of being the indweller of the man-body. Only then can we emerge from our ignorance of some higher Power keeping us in the body.

What happens at the time of death? Life withdraws from the feet and rises to the back of the eyes and then darkness appears. While living, you can learn how to rise above the senses, withdraw from the outside to the back of the eyes, which is the seat of the soul in the body, and have your inner eye opened. You can see the Light of God, that Light of God which was personified and called Christ-Power, Guru-Power, or Master-Power.



Jesus told Nicodemus, "Except a man be born again, he cannot see the Kingdom of God." Nicodemus then said, "Lord, I am an old man. How can I enter the womb of the mother and be reborn? Jesus replied: "Flesh is born of the flesh and Spirit of the Spirit."

Our first birth is in the man-body; the second birth is that of being born anew into the beyond when we learn to die while living. This birth is called the birth in Christ, birth in Guru-Power or birth in God-Power.

You must live and die in God-Power. You must be born in Christ, in the Guru-Power or God-Power. Simple wearing of the outer badges of certain schools of thought or performing specific rites and rituals does not make you be born in Christ. Such practices or beliefs may be the preparation of the ground for being born in Christ, but this birth can be had only if you take up the cross daily. Man-body is the cross.

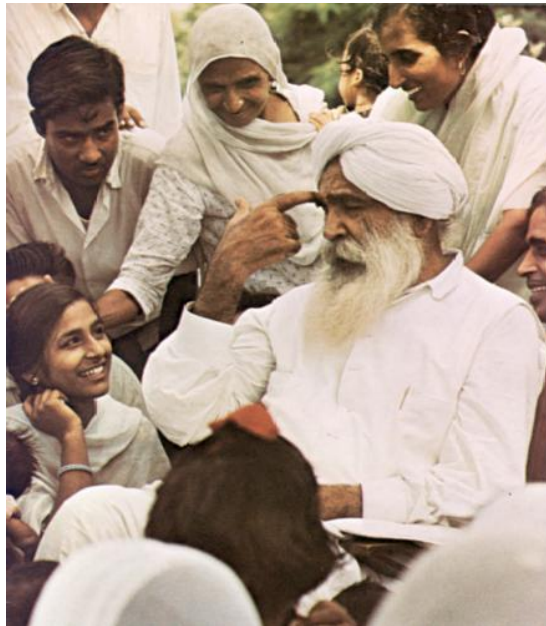
I was very happy to learn from the newspapers today that Pope Paul is making a pilgrimage to Jerusalem. We know that Jerusalem is a place of pilgrimage for all Christians, and perhaps Pope Paul is the first man to go into Jerusalem to revive that memory. I read that he will go down to Jerusalem, take a wooden cross over his shoulders and walk on the ground where Christ walked one day. These things serve to remind us of the great personalities who came in the world to guide us.

Only because Prophet Mohammed was born in Mecca does each Mohammedan yearn to perform his Hajj or pilgrimage to it. Similarly, we have respect for the birthplaces of all other Masters as reminders to us of their having come. We bow our heads in respect to them and try to learn the lessons these Masters taught. Unfortunately, these tributes later become conventional and stereotyped social functions, and we forget that the true way to celebrate any great man's life is to understand what he was and taught, to derive the lesson and try to live up to it.

Jesus clearly says that no man knows the Father except the Son, and the one to whom the Son reveals Him. That Son is the Light of God which exists forever. Son-ship continues.

The sum of all that I have to convey to you is that Christ lived as the man-body of Jesus, at whose pole He appeared, and that He resides in every heart. Yet He cannot be realized by mere feelings, by mere emotions, by merely drawing inferences, or by intellectual wrestling to arrive at a conclusion. It is a matter of seeing God - who He is. Christ said, "I am the Light of the World." Can you see this Light? Jesus said, "The Light of the body is the eye: If thine eye be single, thy whole body shall be full of Light."

How can the two eyes be single? This is a practical question and one that can be answered practicably, for this occurs when the inner eye which is within each man is opened. Even a blind man without eyes to see the physical has that single eye but it is closed. We can only see Him, the God-in-action Power, which is the Light called Christ, when we shut the doors of the temple of our body and our eye becomes single.



Our attention has become diffused upon the outside world through the bodily doors of the two eyes, the two nostrils, the two ears, the mouth, the excretory and genital organs, and it has identified itself with them. We have to withdraw our attention from the outside, enter within the laboratory of the man-body which is the true temple of God and rise to the back of the eyes, where the seat of the soul is located in the body. There lies the tenth door where the eyes become single and where we find the Light of God. There we see the Christ in expression.

This is an example of what I mean by true celebration through the understanding of the personality of the Master and his teachings, and living up to them.

Jesus said that we must have the Bread of Life and the Water of Life. That Bread of Life and Water of Life lie in the actual contact with the God-into-Expression Power of Light and "Music of the Spheres." At any human pole at which the God-Power is made manifest, that manifested God-Power is competent to raise our souls--bound under mind and outgoing faculties, and identified with them -- and open the inner eye to see the Light of God and open the inner ear to hear the Voice of God.

This is what is meant by coming into contact with the God-into-Expression Power of the Light and Sound principle; that is, the true Bread and the true Water of Life. Thus, any human pole at which that God-Power has manifested itself, can give you contact with the Bread and Water of Life.

This is referred to by Guru Nanak and the other Masters who say that we are fortunate to have the man-body and that the purpose of having it is to obtain the Bread of Life and the Water of Life -- the true elixir of life everlasting, for whoever drinks of it shall never die.

Remain in any religion you like, but for the Bread and Water of Life, go to a Master who is the human pole of the God-Power or Christ-Power, for no son of man can give you everlasting Life. The greatness of the Master lies not in his advising you how to say prayers or perform certain rites and rituals -- any man can give lectures after a little training -- but in the fact that he is able to give you a sitting in which your soul is first withdrawn from the outside and then raised above the senses; your inner eye is opened and you see the Light of God and your inner ear is opened and you hear the Voice of God; you testify yourself that it is so.

Through the parallel study of religions you will find the same truth imparted by almost all Masters, in their own languages, of course. In the Christian literature, you will find that St. Paul says, "I die daily." Other Masters say: learn to die a hundred times a day. That death is the withdrawal of the soul from the physical body and rising above it into the beyond; that is, into the Kingdom of God where you are reborn. "Marvel not that I say unto you, ye must be born again."

These are the teachings given by all Masters from time to time. The difficulty in truly experiencing them, however, lies in the way that our souls are under the command of mind, and mind is under the command of the outgoing faculties. We have abandoned ourselves to the pleasures of the outside world so completely that we have identified ourselves with them, and we remain awake on the outside but asleep from within. You must know that the God-Power is keeping us in the body and, if you are to find this Power, you have to invert and withdraw behind the eyes, and gaze into the dark expanse before you. When you are able to see within that expanse, you will also see the actual God-Power everywhere.



Here is how we can find the Christ already within us. First enter the laboratory of the man-body, the true temple of God, then rise above it until we leave all else behind and enter the Kingdom of God. There are so many mansions in the house of our Father; the macrocosm is in the microcosm of the man-body, and consists of physical, astral, causal, and super-causal planes, and beyond all these are the pure spiritual planes, the true home of our Father.

The first step thus starts when we rise and are reborn above the iron curtain of this physical body. If anyone can rise above by himself, blessed is he; but if not... Consider that even in outward occupations a person needs someone proficient and expert in that particular line. How much more is it necessary to have someone competent where the world's philosophies and outward faculties do not work! Do you not need someone to help you there? You will decide this for yourselves.

In the true terminology of the Saints or Masters, a blind man is defined, not as one who has no eyes in his head, but as one whose inner eye is closed. Those who do not see the Light of God are all, excuse me, blind.

When they come to a Master and he gives them a sitting, the inner eye is opened and they see the Light of God. When they return, they are men with the inner eye opened. Similarly, before going to a Master, a man is deaf. When the Master gives him a sitting, he begins to hear the Music of the Spheres and he becomes aware.

These are the gifts of God. The greatness of the Master lies in his competency to give you the Bread and the Water of Life and to help you to be reborn -- to open the inner eye to see the Light of God and to open the inner ear to hear the Voice of God.

There were few such personalities in the past, and even now there are few; but the world is not without them. All humanity are the children of these Masters. The same God-Power, Christ-Power, has worked ever since the world began and continues for those children who are hungry and seek the Truth. When that hunger and thirst arises in anyone, God who resides in every heart makes arrangements to bring him to wherever he can be duly contacted with his own Self. Can any son of man do it? No. Only the God manifested in him has that Power. Such a person is called a Master.

"Blessed are ye who see things that the old prophets and righteous men could not see, who hear things which the old prophets and righteous men could not hear." These are references in the Scriptures that our eyes are sealed and our ears are sealed, and that unless these seals are broken, we cannot see the Light of God and hear the Voice of God.

Guru Nanak, the first Sikh Master, was asked: "God resides in every heart, but who can see Him?" He answered: "Those eyes are different, and are other than the eyes of flesh and bone, which can see the Light of God."

Another Saint, Shames Tabriz, said, "We must be able to see God with our own eyes and we must be able to hear the Voice of God with our own ears."

The true definition of a Master is given by all Masters as one who can make audible for you the Music of the Spheres within and who can remove the veil of darkness you see when you close your eyes, and reveal the Light of God. Such a person is called a Master.



A life of continence and control over the outgoing senses is enjoined by all Masters as the qualification that enables one to follow their teachings. Jesus, in the Sermon of the Mount, said: "Blessed are the pure in heart for they shall see God." All other Masters, or those who have realized themselves, have said the same thing; for God is One and Truth is One. If there are any differences among us, these are all man-made and are due to our lack of personal experience of the Truth. Christ and other Masters have grieved that although they have seen, that they can bear testimony to it, yet the people have not believed them. Masters see and then not only say but are competent to give us an actual specific experience.

Purity of life is required. You will find that chastity is life and sexuality is death. This body is born of corruptible seed and we are born into the beyond by the incorruptible seed. We should examine these scriptural references to find their truth. The man-body is the highest in all creation and blessed are we that we have the man-body. The highest aim before us is to know God. God resides in us; there is nothing that we need to introduce within from the outside.

The various scriptures extant contain a fine record of the experiences of the Masters; yet we need someone who has had this experience and is competent to give us the same: tasting the Bread and drinking the Water of Life -- bringing them into existence. Guru Nanak said: "Do not be deluded because you have taken one form of religion or the other. You must follow the teachings to their original intention."

All religious teachings are based on the spiritual experiences of the Masters who came from time to time, and the right import or understanding of these experiences can be had only from those who have had these same experiences. We have due deference for all Masters who came in the past, and great respect for all scriptures for they are worth tons of gold and emeralds; but we do need someone who knows the way and can open our inner eye to see the Light of God.

The lives of Christ and all Masters are examples of putting God first. The Kingdom of God is within you. You cannot have it by observation. You can have it only by learning to die while alive, for you enter the Kingdom of God only when you are reborn. In the East they say you have to be twice-born, but reborn or twice-born amounts to the same thing. The first birth is in the physical body and the second is into the beyond. The Masters were competent to give an experience of how to rise above body-consciousness, and disclosed the mantra meaning to rise above the physical, astral, and causal bodies, to see the Son of Light -- the Light of the Sun -- already ablaze within you.

As I said before, purity is a stepping stone to Him, and, in addition, is love of God. Misdirected love, called attachments, is keeping us in the body and is the cause of our coming again and again. We go where we are attached, for that is the nature of attachment. True love, called charity, is already engrained in our souls and, when directed towards God, is truly loving. God is love, and our soul is love personified, and the way back to God is also love. All Masters say: love God with all thy heart, with all thy strength, and love thy neighbor and all creation. On the wings of love we can fly to heaven, but with the chastity of life.

It is recorded of Christ that he was chaste-born, sinless born. Similarly, in the East, the Masters were the embodiment of chastity and pure lives.

Married life is no bar to spirituality, if conducted according to the Scriptures. It means taking a companion in life who will be with you in this earthly sojourn through weal and woe; the husband and wife should help each other to know God and to fulfill the highest aim of man's life. One duty may be that of begetting children, but, bear in mind, that is not 100% of our duties. The Scriptures say that husbands should love their wives as Christ loved the church.

In the lives of all Masters, we find two great things: they have contact with God and are the mouthpieces of God. They speak as inspired from God rather than from the level of the intellect, feelings, emotions, or by drawing inferences. They see and say and ask you to become. They say: Be still, physically and intellectually, and know that you are God.

We have great respect for all Masters, all sons of men or human poles at which that God-Power, Guru-Power, or Christ-Power worked, and continues to work, to guide the child-humanity. We are blessed.

I wish you Happy Christmas, but in the way that I have advocated to be the true celebration of Christmas Day. Understand who the Masters were, their teachings of how to learn to die, how to be reborn, how to open the inner eye and see the Light of God. Christ was the Light and the Way.

I have had the great pleasure to present to you for your consideration this Christmas night, truths which I have come to know through experience and by study of comparative religion.

As I said previously, remain in any religion you like. Unless you sit at the feet of some human pole at which the God-Power has manifested itself, the purpose of your joining various schools of thought has not been served, because you want to see God.

The Masters do not destroy any religion or introduce new ones. When they come, they come for the whole world. They consider all humans alike and want us to unravel this mystery of the human body. Great is man. He lives in this body in which God controls him; and within the microcosm of it, exists the macrocosm. We know so much about the outer subjects but, for want of practical people, we know little or nothing about ourselves, the great boon, the great blessing that we have in the form of the human body -- the Golden Opportunity.

Blessed are you. Remain in whatever religion you are, there is no need to change it--but be true to it. And being true to your own religion is, to the best of my knowledge of the Scriptures, to sit at the feet of someone who knows the Way. (<http://www.ruhanisatsangusa.org/godpower.htm>)



## The Word Made Flesh

A Talk Given on Christmas Day, 1969

Today is the day on which Christ was born as Jesus. He was not Jesus; he was born as Jesus. What did John say about him? "The Word was made flesh and dwelt among us." So Christ manifested in the human body as Jesus; that was born the same way as any other man was born. He was born the same way, was he not? As Jesus, not as Christ. So we call Jesus the Christ. There are two things: one is the son of man, the other is Christ in man. Do you follow me?

I went to America; I gave a talk one day and some people asked me. "When is Christ returning?" I told them, "Has he ever left you?" He said, "I am always with you till the end of the world." This is what he said. But Jesus was the human pole.

So he was Word made flesh--Christ, God-into-Expression Power. The Wordless state of God was manifested, came into expression, and was termed Word. *In the beginning was the Word, the Word was with God, and the Word was God.* And the whole creation came into being after that, is it not so? So Christ was Word made flesh; he was born as Jesus. He said, "I am that I am." So Christ lived before Jesus. Don't you see that?

So I told them, "If he has not left you, how can you expect that he will come back again?" Of course, that power manifests itself from time to time in the human pole, in the human body, to guide the child humanity--to take them back to God. It is God who sends them to the world to bring back all His children. What did Christ say? *I have many sheep to look after.* Did he not say so? That is what the Bible says.

So today is the day on which he was manifested in the human body of Jesus. We celebrate that day. Why? What for? Just to understand his true teachings and compare whether we have lived up to his teachings or not. He said, "I am the light of the world. I am the way." And what more did he say, do you remember? "I am the light of the world, as long as I am in the world." Do you recall? These words are there: "As long as I am in the world." What did this mean? This Light; God is Light; Word is made flesh. *Thy word is a lamp unto my feet, and a light unto my path.* The Word made flesh is Light. Do you follow me? So, that Word was made flesh and dwelt among us.

Once he asked his disciples, "Do you recognize who I am?" They said, some say you are this one and that one, born on such and such day. And then Simon said, "You are the Son of the living God." Do you remember? Then what did he say? "It is not the human intellect that has suggested these things to you. My God, Father, has suggested these things." Do you follow me? So he was Word made flesh and dwelt among us. Then he said, "I am the light of the world; whosoever shall come to my feet, he shall never walk in darkness." There may be a little difference in the words, but it is the purpose I am telling you.

So what is the criterion of the Christ? That Power manifests at different times in the human bodies of different Masters, called by different names. Their purpose is to guide the child humanity. We are to see now what he said in reference to that. "I am the bread of life. This bread of life has come down from heaven. Whosoever shall partake of it shall have everlasting life." This bread of life--bread or Word--has come down from heaven.

Then he said that others are to "eat me and drink me." You find these words in the Bible. Are you to eat the flesh of the human body of Jesus? No, not in the least. He was Word made flesh, and we have to eat the Word within us already. So, how can we have contact with Christ now? He is with us forevermore. That Christ Power is the God-into-Expression Power, or the Master Power or the Guru Power, as we say, that manifests itself at a human pole, in the human body. Masters are commissioned from God; they are sent from God to bring back His children. So that power is manifested at different times.

Once someone asked me in America, "What do you say in case we say that Christ is the highest of all?" I said, "Very good. But is there anything like that to quote?" He said, "I am the Son of God." I answered, "That's all right." Then I told him, "Well, look here: many other Masters who came in the East--everywhere--also said the same thing. Then what would you think of them?" I quoted some references from Guru Arjan and from the tenth Guru of the Sikhs. They said, "I and my Father are one"; and "The Son is imbued with the color of God; they have taken up a common business."

So, all these human bodies in which that power is manifested--they are the true Sons of God. They know the Father and others to whom they reveal Him. Reveal. The word "revelation" is there. That means that already exists with us, never leaves us. The matter remains only a revelation. "Revelation" means just to withdraw our attention from outside, from the outgoing faculties, from mind and matter, and rise above them and contact the God Power or Christ Power or Word Power which is already within us, which is *a lamp unto my feet and light unto my path*. When you withdraw within, you see the Light of God. That is seeing the God into expression, the Christ, which is Light within you. Do you follow me now?

So this is the birthday of that great Jesus, the Lord Jesus, as you say. Of course, Masters come from time to time to guide the child humanity. So people asked him, "How can we meet Him?" He said, "You cannot, except you be reborn. You must be reborn." How can we be reborn? Nicodemus, an advocate, a learned man of the times, came up to him and asked, "Lord, how can we re-enter the womb of the mother and be reborn?" And Christ told him, *Well, look here, you are a very learned man; everyone respects you, holds you in high esteem; don't you know that flesh is born of the flesh and spirit of the spirit?* You must be reborn.

These very teachings are the same everywhere. The Hindus here have a custom to make men twice-born. It is the same thing as to be reborn. They give them one birth into this physical body and the other into the beyond. Even children of five, seven, and nine years of age were made twice-born; and they gave them a demonstration of the Light within, which is God.

Jesus said, "I am the light of the world." You see, Christ is the Light of the world. If you see the Light, it means you see the Light of the Christ into expression, is it not so? And that was manifested in some human body with a special errand. Fortunate is the human body which came to the earth to guide the child humanity.

For that we have to be reborn. And what did he tell his disciples? *What you got in secret, speak to them from the housetops, so the people may know what is what. Don't put it under a bushel, but place it somewhere where it can attract the eyes of someone who is seeking for it.*

These teachings are the same everywhere. The pity is that we are not very conversant with other scriptures. Their teachings are universal, for all mankind. Jesus said, "I am the light of the world." He never said, I am the light of the Christians, nor the light of the place where he was born. He said, *I am the light of the world.*

So the Christ Power we have to contact resides in every heart. We can have it when we are reborn and when that Christ Power is manifested. *The Son knows the Father and others to whom the Son reveals Him.* That is the only criterion we can have. If there is anyone who can withdraw you from outside, drag you up to the beyond, open the inner eye, the single eye, to see the Light of God - that means that Power is working there.

Once a disciple asked Jesus, "you talk of your Father always. It would suffice us if you would just show us your Father." I am quoting from your Bible, not my Bible. All Masters who come say the same thing. Jesus answered, "It is a very strange thing; I have been around with you for so long and you have not come to know that the Father works through me?" And he went on further to say, "Whosoever has seen me has seen my Father."

So what is the Christ Power? The Christ Power is the God-into-Expression Power, which is called Word, Name, Shabd, Kalma. That is the controlling Power of the whole universe; and that also controls us in the body, the physical body. When that is withdrawn, we have to leave the body.

So we are His children, drops in the ocean of all light, of all consciousness. We have just taken up the physical body; we are also micro-gods. But the pity is we are just identified with the mind and matter and outside things; so much so that we have forgotten ourselves. We must know ourselves--not as a matter of feelings, or as a matter of emotions, or as a matter of drawing inferences; for feelings, emotions, and inferences are all subject to error. Seeing is above all. All Masters who came in the past, who became conscious co-workers of the divine plan, said the same thing. Of course, it was given out in the language that was prevalent at the time. The mode of expression and thread of thoughts might have been a little bit different, but they said the same thing. God is Light and Christ is Light, because it is an expression of God Power; and that is called Guru; and that is also called Master Power.

Once someone wrote me from England, "You use two different expressions: sometimes you say Master, sometimes you say Master Power. What do you mean by that?" The Master Power, Christ Power, and Word Power are the same. He wrote me, "When you write Master Power, is Master what you mean by that?" By "Master" is meant that Master Power, that Christ Power, that God Power which is manifested in the human pole. I term it the Master. That Power never leaves us; that is always the controlling Power within the body. The human body is the temple of God. Fortunate are we that we have this human body.

The highest ideal before us as a man is to know Him. To know Him, we must know ourselves first. *Know thyself.* We can know ourselves, not as a matter of drawing inferences, or by emotions, or by feelings, but by really rising above body consciousness. You can have this demonstration at the feet of someone in whose human body He is manifested. When you are sitting for a while, you withdraw from the outside and rise above the body consciousness: you see the Light. That depends, of course - the less you are attached outside, the more experience you will have.

So today we have to see what teachings he gave us. They are the common parallel teachings of all Masters. Once I was giving a talk in America. I told the people in the audience that you cannot understand the teachings of Christ unless you see through the eyes of an Easterner. There was a big roar--*awwwwwch!*--in the whole room! Because Christ was an Easterner; truth travels from East to West. History has shown that: all Masters lived in Central Asia and India.

So we have the human body; we are fortunate. I wish a happy Christmas to you. But with this Power, the Bible says, *you'll see things that the old prophets wished to see, but did not see; and you'll hear things the old prophets wished to hear, but did not hear.* You are fortunate, are you not, to be put on the way? You have some Light to see, some Voice of God to hear. Then develop it. You are micro-gods. Develop it and you can be again deputed to guide other children. There's nothing to be afraid of. Every Saint has a past, and every sinner a future.

So happy Christmas to you. Just see how far you have proceeded. And that Power manifests in human forms at whose pole that was made manifest.

Once, when I was in America, a lady met me. She used to talk to Christ and see him. She was attending all the talks I was giving, and on the day of Initiation, some people expected that she would come up for Initiation; but she did not. So people asked her, "Why didn't you come on the Initiation day?" "Well," she answered, "I talk with Christ." I asked her, "Do you meet Christ?" She said, "Yes" "And he talks to you?" She said, "Yes." "All right, now. When he next meets you, just ask him what to do further." That's all I said. It so happened that for some days Christ did not appear to her. When he did appear, she asked him, "What should I do further?" He directed her to go to Master's Initiation. I had to leave for Louisville from Washington the next morning. At about seven or eight in the evening, she phoned: "I want to be initiated." "Why?" "He has guided me to you."

I mean to say that the Master Power, God Power, and Christ Power are the same. That manifests itself; that never dies. Once it takes possession of some soul that never leaves you until the end of the world. So that is within you. *The Kingdom of God is within you; that cannot be had by observation.*

Man is thrice-blessed. You have a physical body, intellect, and conscious entity. We should develop all health--physically, intellectually, and spiritually. You give food to your physical body; you become strong. You give food to your intellect by reading, writing, and intellectual wrestling; you become intellectually strong. What food do you give to your soul? It is consciousness, is it not?

So the Bread of Life is to come in contact with the Light and Sound Principle within you. That is the Controlling Power called Word. *Word was made flesh and dwelt among us.*

As I told you, you are all micro-gods. God once wished, "I am one and wish to be many," and the whole creation came into being. We are drops of the same ocean of all consciousness. Can't we make one town? We can - only when we know ourselves and withdraw within. Great power. Great is man, of course.

This year is ending; in January we'll take a step into the new year. Learn to die and learn to rise into the beyond in the new year. (<http://www.ruhanisatsangusa.org/xmas69.htm>)

## *The Mystery of Death*

(From the Introduction)

A perfect living Master is a 'must' on the path Godward. In the Gospel of St. John, we have: "No man cometh unto the Father but by me." (14:6). All the Masters say that there is always in the world a Master or a 'Murshid' who functions as a Qibla Numa, or a pointer to the Qibla or the holiest of the holy, sanctum sanctorum, worthy of our adoration and worship. In the Sikh scriptures we have: "The teachers come in succession from age to age." St. Luke likewise tells us: "As he spake by the mouth of his holy prophets which have been since the world began." (1:70).

The Law of Demand and Supply is always working in nature. There is food for the hungry and water for the thirsty. Where there is fire, oxygen of its own comes to its aid. But each Prophet and a Messiah works out his mission for the time he is sent into the world. Jesus said: "As long as I am in the world, I am the Light of the world." (John 9:5). But when one fulfills his commission, he is recalled, gathered up and passes away from the scene of his activity on the earth-plane.

In nature, there is no such thing as vacuum. The Power-of-God cannot but continue the work of the regeneration for it is a ceaseless task. While withdrawing from one human pole, the said Power chooses another human pole for its manifestation and work in the world. Such a human pole may be said to be the vice-regent of God. He steps into the breach, fills in the gap and carries on the work. It is just like replacing a fused bulb with the new one, to ensure continuity of Light. The Christ Power or the Power-of-God continues to shine undiminished from one pole or another; may be in the likeness of Zoroaster, Confucius, Jesus, Mohammed, Kabir, Nanak, Tulsi Sahib or Soami Ji...([http://www.ruhanisatsangusa.org/mod/mod\\_intro.htm](http://www.ruhanisatsangusa.org/mod/mod_intro.htm))

## Scriptures and Their Value

From *Godman*, Chapter 11

We may pause here and consider the value and worth of the sacred books or holy scriptures.

These are, after all, nothing but the records of the personal spiritual experiments and experiences of ancient sages, seers, prophets, and men of piety. It is good to read them with loving devotion. We should have respect for them, for they constitute a great treasure-house of spirituality which our forefathers have left for our benefit.

The sacred books and biographies of the high-souled personages create a spiritual longing and inspire us with hope and courage. We may to a certain extent become acquainted with the broad principles of spirituality, but cannot learn their right import nor get the life impulse, both of which come from a living Master alone.

Books are, after all, material things and matter cannot impart Life. Life comes from Life as Light comes from Light. It is only an awakened soul that can rouse us from our deep slumber. We may read scriptures for ages upon ages and perform countless sacrificial deeds, but cannot have spiritual awakening and spiritual insight.

## From *Spiritual Elixir* Correspondence by Sant Kirpal Singh

All I need add is that the Christ or God-Power that worked on the selected human pole of Jesus, who was His mouthpiece, works on the chosen pole of the living Master from time to time to reclaim and own His dear ones, to guide them and show them the same way to Him. He is just like an electric bulb which is fused and another is put in its stead. Physical body passes away but the Christ-Power never leaves until the end of the world. His benign grace works at all times—past, present and future. Thus the High One works unceasingly at all times through a living Master. (page 223)

Regarding expiatory sacrifices, etc., please pursue the chapter of karmas in the pamphlet “Man Know Thyself”. Jesus came to awaken the ignorant people of his time, but they would not believe him or his teachings of a higher life. Jesus pitied them and took the burden of the sins of many who came in contact with him, on his own physical body, through the law of sympathy. He was above body-consciousness and allowed his physical body, which is always perishable, to be nailed to the cross and he transcended spiritually to the higher planes. The people of the world who had their inner eye closed, thought Jesus was body only, while he was body plus mind plus soul or spirit (Christ-Power) talking through the selected and chosen pole of the physical body. The Master-Power never dies and is ever-existing with God. Jesus was the savior of his time. Those who followed the science given by him, were saved and even now the same law exists—a living Master is needed. I trust everything is clear to you now. Anyone who contacts and talks to the Master within, can see Jesus Christ through him. (240,241)

Refer to your question: Jesus Christ is within you. You can never see him outside. If you want to see him, you should apply for initiation to Ruhani Satsang method of spiritual uplift. You must also observe strict abstinence from meat, eggs and drink (alcohol). If you follow these instructions and work hard to go to the higher regions within, you will meet Jesus Christ there. (251)

This Science of Spirituality is definite and natural with sure results. It has been given many names throughout the past. All the past Masters gave the same teachings as did Jesus Christ. It is a universal teaching in all the religions of the world and this is amply borne out by the sacred scriptures everywhere. The theory, in whole or in part, of course, differs in various circles of the faithful, but the divine links of Light and Sound are only given by a practical living Master. The distinctive feature of this natural science is that one first contacts the Master inside, face to face in his luminous form and may also talk to him as one ordinarily does outside. So, in this science, true 'meditation' begins only when one meets the Master within face to face and talks to him. This is the practical side of all religions for approach to Absolute God during one's lifetime. (286) (<http://www.bahaistudies.net/asma/spiritualgems.pdf>)



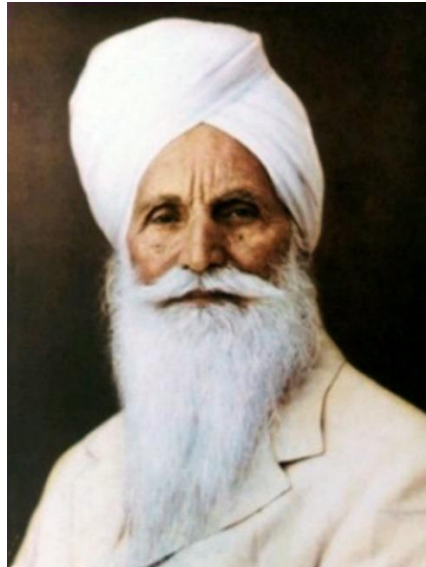
Saints who appeared in the past from time to time and conferred spiritual benefit on those who came into contact with them, cannot do anything for the present generation. Each had his commission, and on completing it, entrusted the work of regeneration to his successor. Man can learn only from man, and God works His ways through living Saints. (*Godman*, 35)



## Hazur Baba Sawan Singh Ji

(The Great Master: 1858-1948)

*Spiritual Gems – Letters to Disciples*



61. As for—, she says that it is like bidding goodbye to the closest and dearest friend "I ever had," and going to a stranger. By 'friend', she means Jesus Christ. Christ never visited America, and died many centuries ago. She claims to have seen him in visions, yet she has no proof that it is really Jesus Christ whom she saw. Had she seen him in physical form on this earth, then she could have identified him and would know whether it was really Christ whom she saw inside. Perhaps she is not aware that internal planes are full of vicious and evil spirits who can assume any form, and can mislead. Even followers of a living Master are sometimes led astray by Kal, who, assuming the form of the living Master, appears to entrap them.

The sure test is, that at the time when Christ appears before her in visions, she should talk to him and inquire from him the way to higher internal regions, and request him to take her up to those regions. If he can do so, then she has no need of getting a new Master and giving up Christ. If he does not take her up, and she is desirous of traversing the higher regions, then she will have to attach herself to a living Master who is able to take the soul upward.

105. ...When Masters and 'Christ's', of old were in the flesh, they came in contact with people and, in their physical form, were in a position to associate with them and help them. When they are not in flesh and are back in the Word they are helpless to instruct us, for we are out of tune with ourselves and cannot comprehend them. The Word has been, is, and will be, the Basic Reality. It is imperishable and all-pervading and is present in all beings. If people could derive benefit from this all-pervading Word, or if this all-pervading Word could help people directly, there would have been no need at any time for the Masters or 'Christ's' to appear in flesh amongst people. If there was need for their appearance at one time, the same need requires their presence now. A living teacher is needed to school our children, a living doctor to prescribe for our ailments, a living judge to settle our disputes and a living Master to give us our lost Jewel — the Word. The few who try to put their philosophy into practice feel the need for a living Master, for they come across difficulties and, to get over them, need guidance.

198. Jesus Christ initiated people by connecting them with the Holy Ghost — the Word — the Shabd. There-in lies his greatness. And naturally, only those who have some experience of this Shabd can appreciate what service he did for people. His Sermon on the Mount is good. It is a moral teaching which can be lived in practice on the strength of Shabd only. If Shabd is missing, no one can live up to this moral teaching. I wish you could make the eye center your home, make contact with the Shabd and become a true Christian.

105. Dr. Johnson: "Living Master is necessary. To follow a Master not alive is fruitless." The Word is the teaching of the Masters. To follow a Master means practicing the Word — catching the Sound Current from the eye center and riding on that.

Only a living Master can give us the Word. We can neither get it from books nor from Masters not now alive for the simple reason that the Word is not present in books, nor with their help can we catch it from within ourselves, and we do not know how to come in contact with them.

The teaching of the living, or the dead Masters when they were alive, is and was the Word, and if the Word has not been contacted in human form, one's life has been "fruitless".

Living a good moral life, giving charities and doing service to humanity and such other things; or, let us say, putting into practice the Sermon on the Mount, is not really the teaching of the Masters. This is the sphere of moralists, social reformers, preachers and schoolmasters. It is like the sale of separated milk from which cream has been removed. The Masters give free cream, butter and clarified fat.

There is one point, however: A dead Master is not dead to his initiates. The disciples on earth have lost the benefit of his physical form, no doubt, and for that they must go to his successor. His astral form remains with them and if they have access to their own eye center they make contact with that form and get guidance from it on the inner planes. In case they have not entered the eye center, and their attention is confined to the physical plane, their efforts should be to reach the eye center, while receiving encouragement and guidance from the successor. Dead Masters are not dead for their initiates, but they cannot make new initiates. This is done by the living Master.

Suppose you see a form when awake or in dream and it poses as 'Christ' and asks you to do this or that and, let us say, foretells events which come out to be correct. How will you know that this form was really Jesus Christ? You have not seen him in physical form. The astral plane abounds in negative powers which can assume any form they like, and their aim is to deceive.

If the idea is correct that a dead Master, because he has become universal, is in an advantageous position to teach others, meaning thereby connecting others with the Word, we should be able to find a dozen or half a dozen Christians in the world who have studied the Word to the second or the first stage, or are even familiar with the Word.

Sant Mat is Nature's design, not man-made, nor can man make additions, subtractions or modifications in it. There is no theory about it. It is a hard fact — a substance. It already exists complete in man. Man has only to look within himself to see what lies in him. No imagination is involved.

95...The internal spiritual path and teaching have nothing to do with world religions and social rules. Just as by attending a school, one becomes Master of Science, so is the case with spiritual knowledge. This method of spiritual concentration and uplift is natural. It was not designed by any human being. It is the design of the Creator, and none can alter, amend or add to it. It is as ancient as man. The Creator, when He created man, designed this Path in him.

144. The Christian Religion and the Shabd Yoga or Sant Mat are two distinct things. Sant Mat is not a religion of customs and rituals, nor a theory and blind faith. It is a science which connects the soul with its source. Christ studied a branch of this science, but it is a pity that Christ did not leave behind any writings from which his philosophy or science could be traced. All the works on the Christian religion were written by his disciples.

The science of the Indian Saints is given in their books, which are authentic. In their writings, they have described the inward journey of their soul. They say that they have seen Him, and lead others to Him. Their system is quite clear. The disciples of Christ have mixed custom and ritual in his science. It has resulted in confusion. Saints do not care for outward customs and rituals. They neither abolish them nor create new ones. Their business is to go within. They emphasize pure spirituality. From the Bible we learn that Christ did follow the Current. Even now, if you go within, you meet him on the way. To understand Christ and his science, let us go within and meet him.

147. You will thus see that the Law of Karma is universally applicable, while "forgiveness" is the specialty of Saints. Christ forgave those whom he initiated, and not those who did not come in contact with him. Christianity is wrong wherein it supposes that, in the name of Christ, they are forgiven. It is blind faith and self-deception. Christ played his part when he was present on this earth in the flesh.

Saints, if they like, may pass their magnetism to others. Christ, as we read in the Bible, passed it on to others. He cured the blind and the invalid. Saints may use their power, if they wish, through word, touch or look. They may not use the external organs but, instead, may use the mind or even the soul, and affect the mind or the soul of the other, without the other person even being made aware of it. These latter ways are the rule rather than the exception. Christ passed his magnetism to bread and water, and whosoever partook of it received the magnetism. The value lay in Christ, and not in the process. Christians now perform the ceremony, but the magnetism of Christ is absent. To get the magnetism, rise to the spheres within and be Christ-like.



## How to Recognize a True Master

What did Christ say: Beware of the false prophets who come in sheep's clothing but are ravening wolves. They appear to be very polite. The only criterion can be one who can give you a lift, open the inner eyes so that you see there is Light there; not tell you that you'll get it in due course. What other criterion can there be, tell me? Their propaganda? No! There is no dearth of propaganda anywhere. Money can buy anything. Propaganda can be paid for. But what is the criterion? Can he open the inner eye, remove the darkness from within for you to see? There you say, "God is Light." ([ruhanisatsangusa.org/lok/visions.htm](http://ruhanisatsangusa.org/lok/visions.htm))

The only criterion of a true Master is that when he gives you Initiation, you will have some experience to start with, you will get some Light. This means that the man through whom it is given is clean. God's Light is reflected in him and that radiates. Others simply give some few words to repeat, some little things to do. Whenever people go to them, they are just told to put in more time. They put in four hours, six hours daily and even then they don't get any Light. The reason why is very clear now.

The greatness of the Master lies in the fact that he is competent to give you some capital to start with, by withdrawing your attention from outside and raising it above body consciousness. He opens your inner eye to see the Light of God and to hear the Voice of God, maybe little or more. That depends upon each man's background. But you must have something to start with. He who can give that Bread or Water of Life is called a Saint. This is why the Masters have been so highly spoken of in sacred literature, whether they belonged to one country or another. To meet with such a Master is a great blessing. ([ruhanisatsangusa.org/mt/true-bread.htm](http://ruhanisatsangusa.org/mt/true-bread.htm))

I am glad you were able to clear the doubts of those who had confused ideas about the real Master. The granting of first-hand inner experience of the Light of God within and contacting the Voice of God is a great and rare privilege and this constitutes the best criterion for distinguishing a real Master from the so-called masters. (*Spiritual Elixir*, 229)

Question: For instance, you think that so many have been searching most of their lives, and studying and searching, trying to understand spiritual realization, and then all of a sudden, are led to a great being to have that realization awakened within them; but they have spent perhaps half their life just searching and searching.

Sant Kirpal Singh: The time spent in searching is counted. Our Master always used to say: "Let your whole life be spent in searching; don't be afraid of it." Whoever is really in search of a true Master, he gets a true Master...

The time spent in searching is good: because those who have entered the field of intellect must be satisfied about the whys and wherefores of things. Otherwise, even if they take up the way, they won't progress; because the questions will keep rising up within them. First, search. And when you sit at the feet of someone, stop all searching; stop all your mind's ramifications; stop everything else. Go on with what he wants you to do. Do it! He never wants you to leave your homes or anything; he wants you to lead a certain way of life, that's all. ([ruhanisatsangusa.org/living-up2it.htm](http://ruhanisatsangusa.org/living-up2it.htm))

The life and conduct of a perfect Master single him out as a unique personality apart from the rest of mankind.

1. He is always a bestower of gifts and never a recipient. He never wishes for the slightest service from his following. He earns his own living and is never a burden upon anyone. All his personal savings, if any, he spends on the relief of the needy.
2. He does not charge any fees for imparting spiritual instructions. On the contrary, he bestows spirituality as a free gift like any other gift of God, such as light, air, water and so forth.
3. He is a living embodiment of humility. With all his powers and greatness co-equal with God, he never claims credit for anything, but attributes everything to God or to his own Master. Like a fruit-laden branch of a tree, he bows to the lowest, and moves about in simple dignity peculiar to him alone.
4. He is at peace with all and is angry with none. He smilingly forgives all who talk ill of him, and does not pick flaws in others. His love embraces all humanity. Christ-like, he proclaims and practices the cardinal truth, "Love thine enemies."
5. Purity, Godliness and Spirituality flow from him like shining springs of cool and refreshing waters, bringing life to the parched hearts of the aspirants who joyfully move along the Spiritual Path under his able guidance.
6. He does not wear any conspicuous form of dress. He adopts just an easy middle path. His Grand Trunk Road bypasses austerities on the one hand, and forms and formalities on the other. His teaching consists of enunciating natural truths which sink into the soul, and everyone irrespective of sex and age can practice the spiritual discipline enjoined by him.
7. He never believes in nor performs miracles for attracting people and gaining their credence, as a juggler would do. He keeps his treasures well concealed in the deepest recesses within him. He may, if necessity demands, make use of his powers on some special occasion. The disciples, of course, everyday feel the hidden hand of the Master working for their welfare and advancement. (*Godman*, 115, 116)



Today there is great awakening beginning. Some have got the answer, some have not; but the search to solve the mystery of life has been born all over the world. The day that question arises in the mind is the greatest day of one's life, for once it is born it does not succumb until it is satisfied. ([ruhanisatsangusa.org/noble.htm](http://ruhanisatsangusa.org/noble.htm))

All the instances known to history show that no one has ever progressed to the highest conscious self-awareness without the help of a Master. It is rather a Fundamental Law that no one can snap or pierce through the inner veil without the active help and guidance of a Master-Soul. If anybody can do it by himself or herself, let him or her try and see if he or she can do it. When one does not hesitate in learning a thing which one does not know in this world, why should one have any qualms in one's search for something that belongs entirely to spiritual worlds within? Even if as a result of some reactions of past lives, one may have some experience of his own, he will still require someone to guide him to further progress on the path. (*Spiritual Elixir*, page 231)

Whenever Sat Purush [the Supreme Being] comes into the world in the garb of a Satguru to save the souls in their misery and trouble by giving them the secret of the True Home, Kal [Negative Power] follows suit in different forms to mislead, so as to prevent an easy escape of the souls in his domain. His agents set up schools resembling those of Sant Mat, use similar language, and adopt similar terminology to ensnare the naive and unwary aspirants. Hence the need for great caution. (Letter by Sant Kirpal Singh, *Moth & the Flame*)

Do not believe in anything simply because you have heard it. Do not believe in anything simply because it is spoken and rumored by many. Do not believe in anything simply because it is found written in your religious books. Do not believe in anything merely on the authority of your teachers and elders. Do not believe in traditions because they have been handed down for many generations. But after observation and analysis, when you find that anything agrees with reason and is conducive to the good and benefit of one and all, then accept it and live up to it. (Buddha)

Not all spiritual paths lead to the harmonious Oneness. Indeed, most are detours and distractions, nothing more. (Lao-Tzu)

Such is the world, it is easily led away by nonsense; but when it hears of the Path of Truth, it rejects it as false. (Kabir)

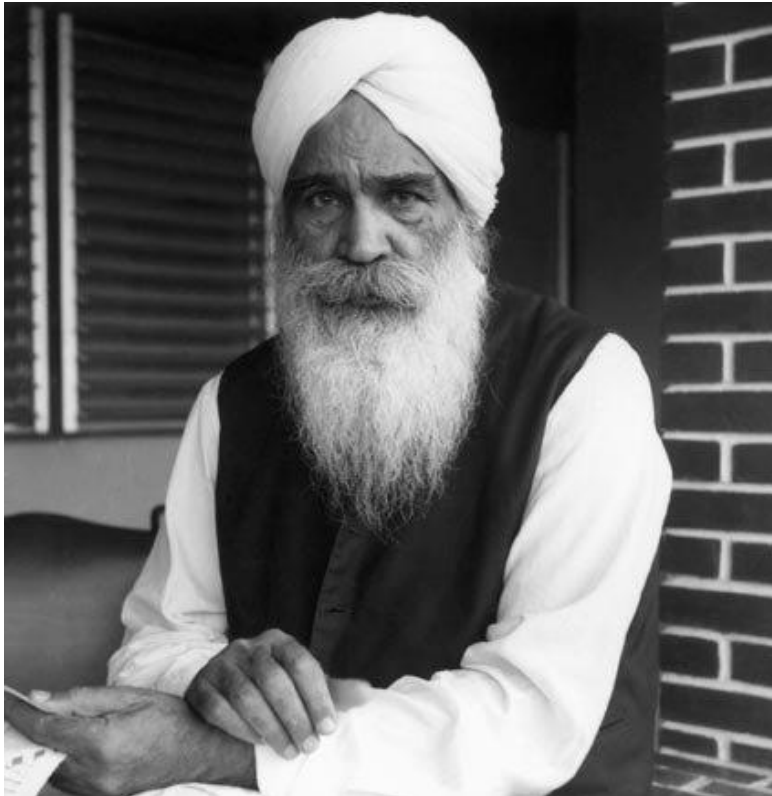
Gurus are of all types, greatly differing one from another. Between them is a difference of faith and realization. Some have realized God, others know Him not. Worship only that Guru who shows the Path of the Word. (Kabir)

Do not believe until your eye is opened, and you can see for yourself. "I cannot believe even the Guru's words, unless I see with my own eye." (Sant Kirpal Singh, [ruhanisatsangusa.org/strait.htm](http://ruhanisatsangusa.org/strait.htm))

It [Sant Mat] is a liberal system and does not stifle opinion or insist on blind belief. To start with, it asks you to accept some fundamental concepts, only by way of a working hypothesis... We do not force conviction upon anybody. We like the conviction to grow from within as a result of one's own personal experience. (Baba Sawan Singh)



There are times when a human being, though perhaps not remarkable in himself, encounters some extraordinary person or event that infuses his life with great meaning.  
(J. Donald Walters)



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